

# SNOWFED

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METHVEN'S COMMUNITY NEWSPAPER - Operated by Mount Hutt College

Thursday 25 October 2018 ISSUE 41



*Suze Palmer and Amy Honeywell receive the award on behalf of Lauriston School Support*

***Lauriston School Support has won the 2018 Supreme Award at Ashburton's greatest annual celebration of volunteers, the Trustpower Community Awards.***

Voluntary groups from Ashburton Timaru and Waitaki gathered with representatives from Trustpower, Ashburton, Timaru and Waitaki District Council and the community at the Ashburton Trust Events Centre to hear how 15 groups and three young people are making an impact in their community. Trustpower Community and Communications Advisor Ashleigh Cleaver says Lauriston School Support were a top choice due to unyielding efforts to provide the best educational experience for students at Lauriston.

"When school pools were being shut down due to a lack of funding, the Lauriston Community identified swim education as being important and that the LSS would do whatever was necessary for the school pool to remain functioning. Through massive funding of the group, and approaching local businesses and the community with partnership opportunities they had the funds required to push ahead. Not only this, but the group have funnelled loads of other funds they've raised into the school supporting the costs for outdoor education and camps for the whole school, educational toys and modern learning environment furniture for classrooms, technology such as iPad and computers, play-ground repairs and

the running of the school swimming pool" In attendance for winning the Supreme Award, Lauriston School Support received a framed certificate, a trophy, and \$2,000 prize money.

The group will go on to represent Ashburton at the 2018 Trustpower National Community Awards, when volunteers from 26 regions from around New Zealand gather in Tauranga next March.

It's the first time Ashburton, Timaru and Waitaki have celebrated together at a single awards function and the venue location will alternate between the three regions each year.

## It's all about community...

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# DIARY WEEKLY

## Mondays

**Housie** at Methven House 1.30pm, all members of the community welcome  
**Tai Chi** Mount Hutt Memorial Hall

## Tuesdays

**Music and Movement** at 10am. Please bring a drink and snack for your child. Fruit kindly supplied by Methven Supervalu. Morning tea at 10.30am.

**Methven Toy Library** 10.30 - 11.30am

All held at Presbyterian Church

## Wednesdays

**Busy Bees** 9am - 11am Elim Church

**2nd and 4th Friday each month**

**Plunket Coffee and Chat** 10am-12pm

Plunket Rooms, Main Street

## Saturdays

**AA Meetings** 6pm Methven Primary School

## Daily

**Mount Hutt Memorial Hall Art Gallery**

## SAVE THE DATE

### OCTOBER

- 27: Mission Mt Somers Endurance Race
- 28: Shuttle Day Mount Hutt Park

### NOVEMBER

- 2: Methven Scouts 100 Year Centenary at Showgrounds
- 4: Dig Day at Mount Hutt Bike Park
- 13: Kate Meads Foodlovers Masterclass
- 14: Kate Meads Parenting Workshop
- 17: Methven Golf Club Tournament
- 18: Shuttle Day Mount Hutt Park
- 21: Methven High Country Fete
- 24: Gravity Canterbury Down Hill Summer Series Mount Hutt Park, Pinky's

### DECEMBER

- 6: Methven Night Market, Mt Hutt Memorial Hall
- 8: Ashburton Mitre 10 Mega Christmas in the Park
- 9: Shuttle Day Mount Hutt Park

### 2019

**January** Methven Summer School

## Snowfed contact details:

Advertising & Articles:  
Ph. 302 8437 ext 3  
E: letterbox@snowfed.co.nz

Accounts:  
Ph. 302 8437 ext 709  
accounts@snowfed.co.nz  
www.snowfed.co.nz

**Methven Community Website**  
www.methvenmthutt.co.nz

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## Mount Hutt College Senior Prizegiving Year 11-13



Tuesday, 6th November 2018

7:00 pm in the Assembly Hall

**All Welcome**

Parking available on the front field  
Please bring a plate for supper

**Guest Speaker** – Ritchie Owen

## Thank You

Thank you, thank you, thank you! Last week the Methven United Club underwent a well overdue spring clean. Jan Lock very kindly donated three days of her time to get our rooms sparkling, she was spotted up ladders, on her knees and goodness knows where else. Jan, you are a superstar we appreciate all your time and effort, we are very lucky to have people like you in our community.

Thanks again.

The Methven  
United Club



## 2019 Calendar

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**photography by Bill Irwin**  
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## Pink Ribbon Pop up

**Thursday 25 October**

6 - 9pm, Mt Hutt Memorial Hall

Scentsy, Intimo, Enjo, Arbonne and Close to my Heart.

Drinks and nibbles with lots of shopping. Raffle tickets with proceeds to NZBCF.

## Change of hours

Ashburton Resource Recovery Park & Vaughans Road green waste drop-off

### Ashburton Resource Recovery Park

The Ashburton Resource Recovery Park has begun its extended hours for the daylight saving season. It will now be open:

	Monday - Friday	Saturday	Sunday
<b>Daylight savings</b>	8am - 6pm	9am - 6pm	9am - 5pm

The ARRP is also open most public holidays - keep an eye out for these notices that are publicised before each holiday. Kerbside collection information is included in these holiday notices. Recycling is free in the public drop-off area. To use the weighbridge to dispose of rubbish and greenwaste, go to gate two. Visit [ashburtondc.govt.nz/fees](http://ashburtondc.govt.nz/fees) for a list of fees and charges.

### Vaughans Road green waste drop-off

After consultation with the Methven Community Board, opening hours at the Vaughans Road green waste drop-off site in Methven will change.

- The site will be open on Wednesday from **12:30pm to 2:30pm** (instead of 2pm to 4pm) effective 24 October, 2018 onwards. Sunday hours of 12pm - 4pm will remain the same.

This allows for a more efficient use of staff between Methven and Rakaia as currently, the two sites' opening hours overlap on a Wednesday. There is no change to the opening time at the Rakaia Resource Recovery Park which is Wednesday at 3:30pm.

[ashburtondc.govt.nz](http://ashburtondc.govt.nz)

**Ashburton**  
DISTRICT COUNCIL





# Help the Keas



*Above: Mike from Mt Hutt with Room 2*

*Above Right: Baby Kea (chick)*

## Where are the keas?

In Room 2 we had a visit from Mike from Mt Hutt.

He told us about keas and what kills keas. Did you know keas live for up to 40 years?

Mike told us that there were some male keas at Mt Hutt last year, but they aren't there anymore. There are a lot of predators eating kea eggs and chicks, so female keas won't go there. He also told us that there are some traps that can catch lots of rats, stoats, weasels, hedgehogs and possums. Mike also told us that the new traps can reset itself and can count how much it caught.

Mike said he needs our help to catch rabbits to put in the traps as bait and get the traps working. Mike told us to visit next term to help set up the traps. He said they need more female keas at Mt Hutt to hatch more eggs in a predator free zone.

When Mike left we had a vote, and now we call ourselves the KEA FORCE CLUB.

**SAVE THE KEA!!!**

*By Matthew and Joseph*



## How can we help the keas?

This morning Mike from Mt Hutt came to Room 2.

He talked about the kea, and how we can help them. He said he was working with DOC to put traps on trees so we could kill the rats, stoats, possums, hedgehogs and cats who eat kea eggs and chicks.

He told us to catch rabbits and put them in the freezer then bring them to school for bait. He also told us to try and get chicken eggs as bait. We told him we were getting chickens next term, and we would get some eggs for bait.

He showed us the traps, they are called GoodNature traps. One was for catching possums, and the other was for rats, stoats and hedgehogs.

*By Isabel and Irish*

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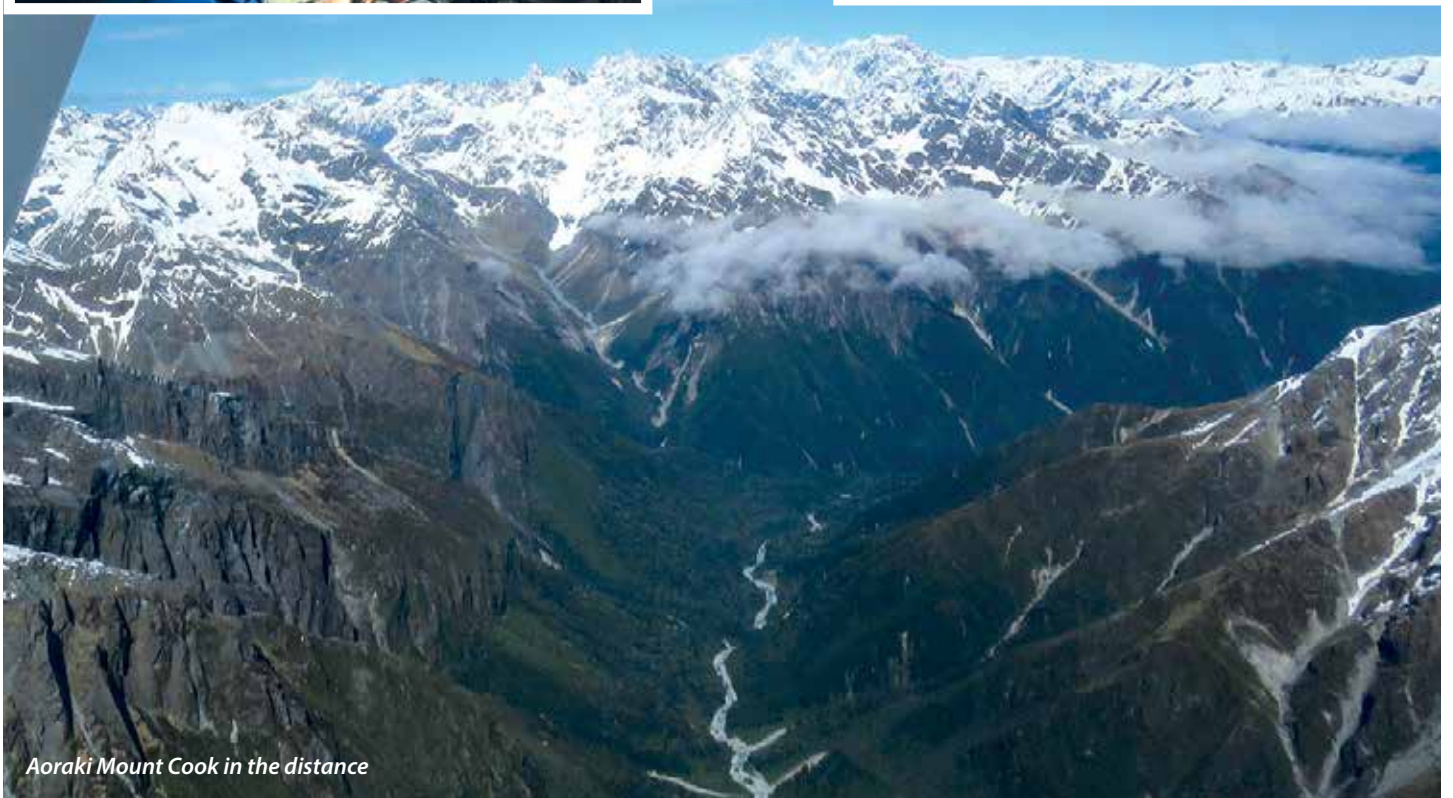
# ***Lake Heron Air***



*Philip at the controls*



*Philip and Anne Todhunter*



*Aoraki Mount Cook in the distance*



# is Taking Off!

by Annie Jacobs

**Right on our doorstep, just over the back of Mount Hutt is some of New Zealand's most stunning scenery. This is the New Zealand heartland.**

A new business, Lake Heron Air, is based at Lake Heron Station, and owned by the Todhunter family. The Station is a very pleasant drive from Mount Somers, not far from Methven. On arrival at the station, the sweeping lawns surrounding the gracious homestead greet you.

The company operates a Cessna 185 for the scenic flights, and there is a great choice of viewing on offer. Philip Todhunter is the Chief Pilot and has many years of flying experience. He attained his Private Pilots Licence (PPL) in 1984, going on to attain his Commercial Pilots Licence (CPL), working for Air Safaris at Lake Tekapo, and a Helicopter Licence in 1988. He has had 31 years experience as a helicopter pilot, which has included two summers in Antarctica as a "taxi and ferrying service." Philip's wife Anne, is now undertaking her Private Pilots Licence - aviation is in the blood of this family!

Lake Heron Air is offering a number of scenic trips. The 185 is a perfect aircraft for this kind of flying and sightseeing. It is a comfortable six seater (five passengers plus the pilot), and as it's a high wing aircraft; you have uninterrupted views of the snow-capped mountains beneath you. It climbs powerfully, and flies ever so smoothly.

The day I visited, we went to the Garden Of Eden and Allah. I have flown in the back country numerous times before, and if you haven't; be prepared for jaw-dropping scenery that will leave you speechless. (You may even need to book a second trip to take in what your eyes are showing you). It will feel like you can reach out and touch the peaks as you effortlessly slide over them. Piercing mountains and deep valleys open up before your eyes, spectacular glaciers ripple down - you'll be astounded at how much country there is in there. Braided rivers, trickling streams and slender waterfalls accentuate the breathtaking visual feast that is our Southern Alps. Aoraki Mount Cook rises majestically a few mountains back from where we are. From here; you may wonder why it's called a cloud piercer when it looks

like a flat topped, giant sized, wedge of cake - completely

different to the southwestern view that you see from Lake Pukaki or Mount Cook Village. In fact, you are closer to the West Coast than the East Coast at this point. The landscape is wild, beautiful, and untamed. Glacially fed blue lakes bring contrast to the pure white snow and deepest green of the valleys.

From Lake Heron Station; Fox Glacier is only half an hour's flying time - a perfect place to drop in to for a cup of coffee or lunch, if you're staying at the Station's beautifully appointed accommodation.

Gliding across the Arrowsmith Range; we gently come in to land back at the Station with the azure blue of Lake Heron stretching into the distance. Anne, the warmest hostess; arrives with home-made baking warm from the oven, and coffee and tea supplies. Basking in blue skies and gorgeous sunshine; it's clear this lovely couple want to share their love of the back country with us all.

At Lake Heron Air, you don't have to four wheel drive, or tramp for hours and hours; you can simply step onto the plane to view this absolutely spectacular landscape!

**For more information and booking:**  
[www.lakeheronair.co.nz](http://www.lakeheronair.co.nz)





# Highland Games Coming Soon...



**Patrick Hellier, New Zealand's highest achieving Highland Games Heavy athlete, has been named Chieftain for the 2018 Hororata Highland Games.**

Patrick has been involved in Highland Games since 1988 as an athlete in the Heavy Events, tossing cabers and other feats of strength and skills that the Scots devised for their men. During this time, he has won the New Zealand Championship, held at Waipu, 18 times which lead to him representing New Zealand in overseas championships. He has competed in games and gatherings in Finland, USA, Australia, Malaysia, Canada and of course Scotland. Basically, anywhere that the Scots emigrated to there are games.

"It is an absolute honour to have been invited to be Chieftain of the Hororata Highland Games. I first competed at Hororata in 2011, and I still have the 'rock' trophy I was presented as champion that year," said 2018 Chieftain Patrick Hellier. "The games at

Hororata have held true to the traditional spirit of Highland Games as a gathering of the clans. People from all walks of life come to experience the Scottish culture of dancing, listening to the bagpipes, athletics, eating traditional foods and of course the water of life; whisky."

Along with Highland Games accomplishments, Patrick has also competed and coached at the top level for athletics. He is 13 times New Zealand Track and Field Champion Over Shot Put, Discus and Hammer events; has been Throws Coach for the New Zealand Commonwealth Youth Team, and Throws Coach for the Cook Islands Olympic Team. Patrick is the head judge of the Hororata Highland Games Gough CAT Heavy Events and has been instrumental in growing this sport in New Zealand. His day job for the last 14 years has been to serve as a Police Officer with the New Zealand Police.

"From an athlete's point of view, the Hororata Community Trust has always been open-minded and very supportive of the traditional heavy events. Hororata is a bucket list event for many athletes from around the world, but just as importantly it is inspiring people to have a go and take part in the sport, right from primary school age to adults. The amateur field has grown and seen a number of athletes step up to the open division, compete overseas and win Championships."

"I am looking forward to being part of the Hororata Highland Games in the Chieftain role. It will be the first time I will be able to spend time out of the heavy's arena, although I will still be involved with judging and the athletes. We have a good crew of volunteers in the arena, including my wife Kirsten Hellier, so I am sure it will run smoothly as ever," concluded Patrick.

Patrick joins a prestigious list of Hororata Highland Games Chieftains. Following Amy Adams who was the first female Chieftain in 2017; past Chieftains include Simon Dallow (2011), Gerry Brownlee (2012), Governor General Sir Jerry Mateparae (2013) and Sir Bob Parker (2014). 2015 saw the events first international Chieftain, Alex Bruce, Director of Adelphi Distillery, Scotland and in 2016 bagpipe rock star Kyle Warren travelled from Australia.

All past Chieftains have remained in touch with the Games and a number return each year. Amy Adams, Gerry Brownlee and Kyle Warren all plan to attend the event this year.

*The Hororata Highland Games is a community event staged by the Hororata Community Trust which has wide-reaching benefit to the community. Discounted early bird tickets are on sale now, for details visit:*

[www.hororatahighlandgames.org.nz](http://www.hororatahighlandgames.org.nz)

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# All Aboard - Ladies Only!



including a van (shuttle), school bus and coach, providing a relaxed environment for ladies wanting to have a drive, supervised of course, with the support of other like minded women!

There will be a driver trainer on-site and a representative from the Bus & Coach Association to answer questions, and advise on training and license requirements.

*Methven Travel Manager, Sue van den Heuvel said, "It's really just about giving people the opportunity to try something new, no pressure and no judgement. If you are not sure, come have a cuppa and a chat!"*

## All Aboard the Women only PSV Driving Day

Ever wondered what it would be like to drive a bus or shuttle? Needing some work that is flexible with the kid's school hours? Want a career change? Like driving around the countryside? Enjoy meeting different people? Just want a few hours work a day to fit in with family commitments?

All of these questions were part of the reason why the female employee's at Methven Travel chose driving a PSV (passenger service vehicle) as a career option – and consequently led to the idea of offering other like minded women the opportunity to have a go at driving at the 'Methven Travel Ladies Day Driving event'.

The event will be held at the Methven Trotting Club grounds on Wednesday 31st October from 10am – 1pm. There will be a variety of vehicles available



## ...I drive school buses...

Hi my name is Karen, and I drive school buses.

*When I drove my first school bus I was so nervous. The kids on board were great, and at the end of that week I realised - we all got to school safely and we all got home safely - that is what it is all about!*

*On a school bus there is in invisible order of things, the kids are aged from five to eighteen, there are no teachers, there are no parents so the older ones look after younger ones.*

*If you are thinking about doing this. Just do it! You won't regret it. The money is great to have and the holidays are good. The laughs you have with the kids are PRICELESS!*

**Karen**

*I have always had an appreciation for larger vehicles but never gave it a thought to drive a bus.*

*A few years ago a friend paid us a visit on New Years Day and a conversation about the possibility of driving a bus ensued. I was challenged and told him "Game on". Little did I know what I had got myself into and the doors of opportunities that lay open ahead.*

*I, personally, thoroughly enjoy driving the school students everyday. The conversations vary from comical, to interesting, to teaching. The students learn some from me and I learn a lot from them.*

*From there, now and then, there is work available to drive shuttles and other routes. The most marvellous aspect of it all is.... that I can work around my family life.*

**Lainy**

**10-4**  
am pm

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# Sun Shines On Methven Rodeo

Julie Clements



*It's always touch and go, weather wise, on Labour Weekend but this year it was a scorcher!*

There was little room left on the viewing banks beside the arena when we arrived. The events were already underway as we squeezed our blanket between the other spectators that kindly made room for us and we were soon caught up in the noise, smells and effervescent atmosphere of Rodeo Day.

The children went on the inflatable rides and had a snowcone, ran up and rolled down the banks and generally had a fab time. The hat stall is always flat tack, especially on the hotter days, so he was almost out of stock by the end of the day. I wore my 'rodeo' hat purchased the year before, which has now been put away until next year!

During the interval between the morning and afternoon events, representatives from the local schools battled it out to win the 'Inter School Race'. Up for grabs was a heap of sporting equipment for the winning school. Everyone cheered on their favourite school but it was Methven Primary that took out first place and bragging rights!



photo supplied by Methven Rodeo Committee

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photo supplied by Methven Rodeo Committee

# Methven Rodeo



There was an unfortunate accident during the second division saddle bronc event, a horse went down when the saddle slipped and it became entangled in the girth. Local Vet, Steve Williams, and the two dedicated animal welfare officers from NZRA, were straight in to check the horse out, it was sedated and carefully carried out of the arena but sadly, it later died.

When NZ Rodeo Cowboys Association president Lyal Cocks was asked for comment about the "regrettable" accident in the arena at Methven, he said, "I've been involved in rodeo, off and on, for more than 40 years and I've never seen this happen before," he continued, "we will investigate the accident and if there's anything to be learned from it, the investigation will reveal that."

It was so sad and you could tell the organisers and competitors were greatly affected by it and the care and attention the horse received was amazing.

Despite this accident, no other animal or person was injured during the day.

The afternoon events continued, champions were rewarded and spot prizes given to brave young women willing to have a go at line dancing in front of the mass of spectators. Congratulations to Miss Belgium who was closest to meeting the brief and Miss Australia who was the most enthusiastic!

An important part of the day, was raising money for Rural Suicide Prevention. Something close to the hearts of the Rodeo community, having lost one of their own.

By the end of the day, young families and the er... slightly older people were ready for home, whilst the young'uns partied on as is traditional on Rodeo Day.

**Thank you to the Methven Rodeo Club and NZRA for another great event!**

A great crowd enjoyed the highs and lows of the events, most of the steers and calves making it to the end of the arena without being lassoed. The majority of the riders were given the heave-ho in the first couple of seconds but there was some fantastic riding, the cowboys showing great skill in their technique and style in order to gain points, because "its not all about who can hang on the longest!"

I am always taken aback by the beauty of the beasts at equine and rodeo events, my favourite horses are the white or grey dappled in colour, I have no idea what breed they are, but all the horses are full of grace and power with flowing manes and tails. Even the bulls are to be admired, brimming with vitality, arrogance and defiance. It is certainly a sport for the brave of heart.

**Two Judges, each award up to 25 points for the way the animal bucks and up to 25 points for the way the contestant rides it, making a total possible score of 100 points for each ride.**

**Generally, an animal is assessed on its "degree of difficulty." An animal with very athletic action and variations in pattern and style, coupled with weight speed and power, will test the best of any contestant.**

**While saddle and bareback broncs may have similar bucking characteristics, riding styles and equipment determine very different scoring elements between both of these events, whilst bull riding again has very separate elements. In all riding events, the contestant is scored on control, timing, balance, and the technical requirements of each event.**

**If the Judges consider the animal didn't perform well enough, not giving the rider a fair crack at the competition, they then have the discretion to award the contestant a 're-ride' which means he gets another ride on a different animal.\***

\*www.rodeonz.co.nz

**There are two great athletes in every 8-second ride, the bull rider and THE BULL**



photo from Zimbio: Matt Adams





# Golf At Methven Summer School

## Step Up to the Tee Intermediate Golf with Jason Tilly

Tuesday 8, Wednesday 9 and Thursday 10 January 2019, 9am - 4:00pm

**Cost:** Standard \$485/ Earlybird \$425 (Green Fees included in the price)

**Venue:** Methven Golf Club

Let Jason show you how to achieve the next step up. This course covers all aspects of your golf game. The course is suitable for a wide range of abilities, so if you're a regular golfer, don't have a handicap yet or are returning to the game, come and learn in a relaxed atmosphere.

The aim is to target the most problematic areas of your game and ultimately to reduce your scores. We will be using drills and

exercises specific to your game to give you the feeling of the correct fundamentals. We will also discuss equipment, club selection on the golf course and playing from trouble situations.

*Over the 3 days we'll cover the fundamentals of on course play, driving, fairway shots, iron play, pitching, chipping, putting, bunker play and trouble shots. Jason would also be happy to help you with anything specific.*



Phone: Duncan Ensor + 64 21 855 014  
Email: [info@nzfencingsolutions.co.nz](mailto:info@nzfencingsolutions.co.nz)



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# Local Guides Explore Sydney

Alison Hydes



Two local girls, Jessica Hydes and Zanthé Butterick and the Methven Guide leader, Alison Hydes attended an International Jamboree in Sydney in the school holidays.

They were part of a 70 strong contingent from all over New Zealand.

**Jessica writes:** I was super excited to be going to a Jamboree in another country on Sunday 30th September after already attending two in NZ. We were camping at the Olympic Park in canvas bell shaped tents that had no floors.

On arrival at camp we got to explore the park and get to know the girls I was sharing a tent with. On the Monday we did a bunch of onsite activities that included science experiments, crafts and viewing an international tent. After each activity we received a bead to make a bracelet.

Tuesday was Sydney exploration day. In patrols of five girls and a leader we chose where we wanted to go for the day with free access to buses, trains and ferries.

On the third day I went on a two day canoeing expedition. We slept in tents in a forest with no facilities. (On our kit list we had to bring a toilet kit, which included a trowel!!!)

Sydney, when we arrived was in a drought but on the Thursday the drought broke. At 1am I was evacuated from my tent along with about half of the camp.

Friday was the last day to hang out with friends I had made and swap badges and try and keep dry. I had a great time apart from the rain. My favourite part was exploring Sydney and making new friends from other countries.

**Zanthé writes:** I was very lucky to be able to climb the Sydney Harbour bridge. I climbed it at night so I saw Sydney beautifully lit up. My chosen activity was "Behind the scenes at the Zoo". I loved going to Taronga Zoo and seeing all the animals. My favourite animal was the elephant.

While we were on site we did some fun activities which included trying on old Guide uniforms, face painting, making sling shots and team building activities. The closing ceremony was really cool with a singing group, dancing and fire dancers.

Jamboree was a great experience and I made lots of new friends.

**Alison writes:** I was the health and welfare leader for my sub camp. I enjoyed a daytime climb of the Harbour bridge. The camp was a great experience seeing girls and leaders too, trying new activities, swapping badges and meeting new people. Apart from the rain and subsequent mud we all enjoyed the experience.



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## Methven's Clubs and Societies

Group	Name	Phone
A & P Society	Amy Russell	027 460 4179
Awa Awa Rata Reserve	Janet Cuttle	302 8942
Badminton	Darryl Jones	302 9951
Ballet/Modern Jazz	Charmaine Quaid/Buick	302 4726
Bike Methven	Daniel Burgess	027 454 7822
Bowling Club	Pat McElwain	302 9949
Bridge Club	Flora Lowe	302 8744
Cricket Club	Mark Wareing	302 8877
Croquet Club	Anne Ridge	302 1853
Denrai Tae Kwon-Do	Duncan McTaggart	027 877 5899
Dynamic Gymnastic Sports	Nicci Glanville	027 360 8875
Friendship Club	Anne Ridge	302 1853
Garden Club	Fran Brown	302 8719
	Di Callaghan	302 8570
Golf Club	Barry Wackwitz	302 8438
Guides & Brownies	Lynley Pluck	302 9138
Gun Club	Greg Middleton	302 1922
Historical Society	Kathryn McKendry	302 9191
Hockey Club	Beth Begg	302 4743
Lions Club	Don Breach	302 8374
Methven Book Group	Gillian Heald	303 3119
Methven Cubs	Mark Lock	027 221 9887
Methven Football Club	OJ Dodson	021 743 394
Methven Library	Lorraine Robinson	302 8041/027 304 8839
Methven Masonic Lodge #51	George Currie	302 9172
Methven Primary School Fundraising Group	Rachel Moore	302 8859
Methven Theatre Group	Wayne Pannett	302 9935
Methven Toy Library	Jo Newport	302 9088
Mount Hutt College PTA	Tania Hollings	027 448 3405
Music & Movement	Annie Jacobs	027 350 1065
Netball	Sarah Colquhoun	021 535 332
Playcentre	Melanie Marr	027 485 5022
Pony Club	Pam Holmes	302 8313
Red Cross	Susan Dickson	302 8236
Rodeo	Rosa Harper	0274 655 387
Rugby	John Fulton	027 432 0061
Scouts	Phil Brown	027 491 8063
Search & Rescue	Richard Lilley	302 8343
Squash	Maree Macphail	027 542 1364
St Johns	David Mangin	302 9970
Swimming	Sonia Cullen	302 8979
Tennis - Lyndhurst	Keith Early	302 1867
Tennis - Methven	Annette Talbot	303 0797
Touch Sevens	Maddy Hampton	027 453 3630
Tramping Club	Gary Leonard	308 1714
Trotting Club	Megan Watene	021 901 721
Young Farmers (Methven)	Gemma Bell	027 911 1989

**\*\*Please advise of any changes - this list will run again before Christmas.\*\***





## FROM MY DESK

Labour  
Jo Luxton

### Helping Kiwi businesses Innovate

*Prime Minister Jacinda Arden and Research, Science and Innovation Minister Megan Woods recently announced the Government's new Research and Development tax incentive.*

This initiative helps businesses to expand their investment in research and development through a 15% tax incentive, which will be available from the next tax year. The incentive will lift the amount businesses – from start-ups to established businesses – spend on research and development. This investment will help grow our economy by encouraging our businesses to expand their horizons into new products and new industries.

Around 2,000 Kiwi businesses will benefit from the incentive. In Methven, this will result in new jobs and new ways of working. The new incentive was designed based on consultation with businesses of all sizes about what they need to help them invest in innovation. We're delivering a user-friendly, fit-for-purpose scheme that will support a wide range of businesses to undertake more research and development. The incentive is part of the Government's wider economic plan to help improve the lives of New Zealanders through better productivity, better sustainability,

and growth that's shared fairly across the community.

While we have a strong budget surplus and broad-based growth across the economy, New Zealand's spending on research and development continues to lag behind the rest of the world, the OECD average level or research and development spending is 2.4% of GDP; in New Zealand we only spend around 1.4% of GDP. In order to grow and share New Zealand's prosperity more fairly, the coalition government has committed to working with businesses to lift research and development investments to 2% of GDP by 2027.

In Budget 2018, we set aside \$1 billion over the next four years to support businesses to invest more in their research and development activity, getting us closer to the international average, and also to attract innovative international firms to New Zealand. It is clear that we can't continue to rely on an economy built on population growth, an overheated housing market and the export of raw commodities. That approach has led to the gap between rich and poor widening, our regions being neglected, and too many people being left behind.

This government is turning that around by investing in new facilities to help our regions grow, our family income package that helps 384,000 modest and middle income families to buy the things they need – mainly from Kiwi businesses, and now a tax incentive to help those same businesses stay ahead of the international competition. This is just one part of our plan to build an economy that is growing and working for all of us. We will continue to deliver for businesses, as well as easing the financial pressures on Kiwi families, to encourage innovation, productivity and build a skilled workforce.

*To find out more information about the new R&D tax incentive,*

*visit <http://mbie.govt.nz/RDincentive>*

*Please feel free to contact me anytime*

*[jo.luxton@parliament.govt.nz](mailto:jo.luxton@parliament.govt.nz)*

*or my EA Jess:*

*[jessica.hurst@parliament.govt.nz](mailto:jessica.hurst@parliament.govt.nz)*



## FODDER BEET AND SUPPLEMENTARY FEED TRADING

### CONTACT TIM MAY TODAY

Harvesting, Windrowing and  
Feed Trading Manager

**Mobile:** 027 323 4048

**Email:** [tim@maybrothers.co.nz](mailto:tim@maybrothers.co.nz)

**www.maybrothers.co.nz**

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- Fine Chop
- Harvesting
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- Baling



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Fodder beet, grain, silage, maize and straw.

**Phone Tim on 027 323 4048 to discuss your requirements.**



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May Brothers are able to lift and cart to dairy platform.



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- 12 rows, 6m working widths
- 500mm spacing
- Section control

Capable of putting fertilisers down the spout and direct drilling.





RayWhite

New Listing

22 Spaxton Street, **Methven**

Opportunity Strikes !  
Hidden Gem, a 4292m2 Residential  
Section which can be subdivided.  
Mountain views.  
Located down private driveway.  
Could be an ideal long term  
investment.

**Set Date Of Sale**  
Offers Closing 2 pm  
27th November 2018  
(unless sold prior)

**View**  
by appointment



**Margaret Feiss**  
021 751 009

[rwashburton.co.nz/AHB22203](http://rwashburton.co.nz/AHB22203)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



RayWhite

New Listing

102 Spaxton Street, **Methven**

3 2 2 2

Three good size bedrooms. Two  
bathrooms. Master with ensuite.  
Well cared for home with good  
storage. Garden view from dining  
area. Generous kitchen with  
breakfast bar. Double garage  
internal access.

**For Sale**  
\$559,000

**View**  
Saturday  
10:30 - 11:00am



**Shirley Fitzgerald**  
0272 201 528

[rwashburton.co.nz/AHB22202](http://rwashburton.co.nz/AHB22202)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



RayWhite

Open Home

31 South Belt, **Methven**

3 1 1 1

Good Solid Home, Good Solid Price  
For those looking for privacy with  
mountain views. Two sunny  
spacious living areas. Three  
bedrooms, modern bathroom & 2nd  
toilet. Log burner (wet back) & heat  
pump, solar heating, well insulated.  
Don't delay to view.

**For Sale**  
\$437,000 (REDUCED)

**View**  
Saturday  
11:00 - 11:30am



**Margaret Feiss**  
021 751 009

[rwashburton.co.nz/AHB21969](http://rwashburton.co.nz/AHB21969)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



RayWhite

Open Home

23 Colcord Place, **Methven**

3 1 1 1

3 spacious bedrooms.  
Bathroom plus 2nd toilet.  
Large lounge that captures  
afternoon sun.  
Detached double garage.  
This home is in need of some  
painting and decoration so you can  
make it your own.

**For Sale**  
\$357,000 (REDUCED)

**View**  
Saturday  
11:30 - 12:00pm



**Shirley Fitzgerald**  
0272 201 528

[rwashburton.co.nz/AHB22090](http://rwashburton.co.nz/AHB22090)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



RayWhite

Open Home

3/11 Chapman Street, **Methven**

3 2 1 1

Terrific Townhouse . Three  
bedrooms, two bathrooms. O/plan  
living with balcony, new carpet, new  
dishwasher, new heat pump.  
Excellent storage, ski drying room,  
carport. Offers closing 2 pm 12th  
Nov 2018

**Set Date Of Sale**  
\$339,000

**View**  
Saturday  
12:30 - 1:00pm



**Margaret Feiss**  
021 751 009

[rwashburton.co.nz/AHB22184](http://rwashburton.co.nz/AHB22184)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



RayWhite

Open Home

3 Alford Forest Settlement Road, **Alford Forest**

3 1 1 1

A little bit country.  
Everything looks better in red.  
Three bedrooms.  
Open plan living.  
Single garage.  
Sited on State Highway 72,  
15 minutes from Methven  
Township.

**For Sale**  
\$335,000

**View**  
Saturday  
12:30 - 1:00pm



**Shirley Fitzgerald**  
0272 201 528

[rwashburton.co.nz/AHB22170](http://rwashburton.co.nz/AHB22170)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



RayWhite

11 Main Street, **Methven**

4 2 2 4

High end total refurbishment although keeping all the charms of  
a villa of its era set on 8089m2 section. Stunning exposed  
beamed extension, country kitchen, oak breakfast bar & w/  
pantry. Re-wired, re-drained, re-insulated & re-roofed.

**For Sale**  
POA

**View**  
by appointment

**Margaret Feiss**  
021 751 009

[rwashburton.co.nz/AHB22149](http://rwashburton.co.nz/AHB22149)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



RayWhite

Thymestream, Mt Harding Road, **Methven**

First release lots 1, 14, 15, 16 NOW SOLD  
Second release lots 2, 3, 4, 5, 11, 12, 13  
Third release lots 6, 7, 8, 9, 10  
[www.Thymestream.co.nz](http://www.Thymestream.co.nz)

**For Sale**  
Price On Application

**View**  
by appointment

**Margaret Feiss**  
021 751 009

[rwashburton.co.nz/AHB22028](http://rwashburton.co.nz/AHB22028)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



RayWhite

Another  
SOLD

15 Wayne Place, **Methven**

3 2 2 2

Modern sunny three bedroom and office, two bathroom home.  
Spacious open plan living. Breakfast bar ideal for entertaining  
and decking. Heat pump, log burner and some underfloor. Good  
buying.

**For Sale**  
\$499,000

**View**  
by appointment

**Margaret Feiss**  
021 751 009

[rwashburton.co.nz/AHB22115](http://rwashburton.co.nz/AHB22115)

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



**Principal: Jill Quaid**  
0274 376 755



**Margaret Feiss**  
021 751 009



**Shirley Fitzgerald**  
0272 201 528



**Robyn Lilley**  
03 303 3032

36 McMillan Street, Methven 03 303 3032

[rwashburton.co.nz](http://rwashburton.co.nz)





Tickets from Methven i-SITE  
details [www.methvencastrust.co.nz](http://www.methvencastrust.co.nz)

# House & Garden 2018 Tour

Saturday 10 November



Rakaia



## Nest Or Invest!

This family home is nestled on over 2000m<sup>2</sup> of land. Four large bedrooms, one with en-suite. Open plan living/dining, large modern kitchen. Double garage, 2 bay pole shed & storage sheds.

**Offers Over  
\$369,000**



**Deborah Roberts**

021 075 2180

[deborah@realestatenewzealand.net.nz](mailto:deborah@realestatenewzealand.net.nz)



## Soothing Hands

*Hospice Mid Canterbury offers a number of gentle complementary therapies. One of these is reflexology.*

Reflexology is a natural therapy, where a treatment of steady even pressure is applied to the feet or hands. It encourages relaxation and may relieve tension, stress and pain. Reflexology is completely safe and non-invasive.

Rose Matthews, our therapist, graduated with a Reflexology Diploma in July 2017. Rose had been interested in reflexology for many years but completed the training when she heard

“may relieve tension, stress and pain”

about the work of Hospice Mid Canterbury. “Following a breast cancer diagnosis, I found myself drawn to Hospice and what it provides. This was my way of giving a little something back as I am fortunate to have completed successful treatment of breast cancer.” She sees reflexology as helping to relieve tension and promote relaxation at a very stressful time in a family's life.

While some might consider hospice work depressing, Rose sees it as a privilege to work with both clients and carers. “I find I get just as much out of a treatment as the person getting the treatment. Working with Hospice is the most rewarding thing I have done.”

*If you or someone you care about has a life limiting illness and would like our support, please contact Christine on 307 8387, or 027 227 8387 or you can email [manager@hospicemc.nz](mailto:manager@hospicemc.nz).*

See also our website [www.hospicemc.nz](http://www.hospicemc.nz) and our facebook page [www.facebook.com/hospicemidcanterbury/](https://www.facebook.com/hospicemidcanterbury/)

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25 - 31 October



Layla Manning 12  
Jakob Smith 18  
Emma Breach 7  
Rana Richards  
Luke Watson 11  
Salvacion Aburquez 75  
Jonah Clemett 23  
Jordan Francis 18  
Jo Molyneux 43  
Reilly Duff 15  
Libby Daly-Lemon 23  
Glenn Young 44  
Katelyn Lill 4  
Jordan Charteris 18  
Josh Smithy 23  
Charles Bowater 23  
Hollie-Jayne Kereru 34  
Shaun Fitzgerald 38

**BELATED**

Penny Coleman 38

**CONGRATULATIONS!**

**Libby Daly-Lemon**

Pop into Methven 4 Square Supermarket for your surprise!

**FULL TIMETABLE STARTING TERM 1, 2019**

Bookings will open at the end of November.

All facilities and classes at Flow will be available on a **pre-booked** basis only, using the **Mindbody Booking System**, which will be accessed via an app or the Flow website.

*Details coming soon.*



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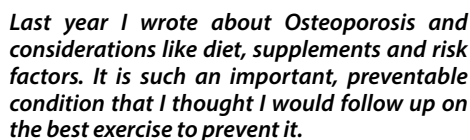
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Bone thinning is common as we age and can lead to fractures- particularly of the spine and hips. These lead to pain, loss of independence, disability and reduced life expectancy. Specific exercise can help prevent and improve all stages of osteoporosis- to promote bone strength, slow disease progression and ease the pain of fractures themselves. The following are the ideal exercises for your bone density. If you have thin bones or are experiencing fractures it would be best to have a modified programme tailored to your needs by an experienced physiotherapist.

- Stay active and sit less. Any increase in physical activity will be helpful. Regular walking and cycling may reduce fracture risk by over 20 %.
- Promote bone strength with progressive weight training. Ideally from moderate to high intensity, increasing the load at intervals to muscle fatigue.
- Bone strengthening can be location specific so separate exercises for the hips, wrist and spine can reduce fracture risk.

- Impact exercise like jumping, skipping and ball games.
- Balance exercises to prevent falls.
- Spinal muscle endurance and strengthening to help with upright posture.
- Advice on lifting and moving may help prevent spinal fractures.

You should be aware that the walking guidelines I wrote about a couple of weeks ago; two and a half hours a week of moderate intensity activity- are the minimum for cardiovascular and mental health- they are not necessarily meeting the best exercise advice for your bones.

*Risk factors for osteoporosis include a family history, fractures, smoking or more than recommended alcohol intake, low calcium in the diet, post menopause and low levels of physical activity. If you would like to discuss your exercise regime or just getting started please call us at Contact Physiotherapy, 302 8205.*

**Reference: Expert Consensus Statement on Physical Activity and Exercise for Osteoporosis-Draft (2018) National Osteoporosis Society, UK**

Our qualified technicians are in Methven twice a month.

Don't put up with computer problems any longer. Call us and schedule a visit today!



Bookings fill quickly, avoid disappointment - **call today**

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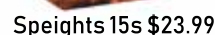
## OUR NEW SUMMER MENU

**Starts next Wednesday October 31!**

Here's a few of our new dishes to tempt  
your taste buds:

- ~ pan fried pork dumplings
- ~ corn fritters
- ~ mediterranean quinoa bowl
- ~ chatham island blue cod
- ~ pork ribeye open sandwich
- ~ chocolate torte (gf)
- ~ belgian waffle

## METHVEN LIQUOR CENTRE @ THE BROWN



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*I've had a fabulous few days of attending lectures with the Australian Fitness Industry in Melbourne and have arrived home to connect, enlighten and inspire.*

I am grateful that I was able to attend these

# Health At All Levels



The sessions covered ALL aspects from:

- Nutrition Stress; fat, sugar, salt...
- Sleep factors
- Gut health
- Insulin sensitivity
- Physical and Chemical Stress
- Epi-genetics

It was however astounding to learn that only 35% research is done on women. It's also pleasing to know that this is changing. Everything that was discussed came down to 'Awareness being key' and we do know that exercise opens up a gateway of behaviours, including brain function and central nervous system behaviours.

There are so many layers to becoming a great trainer and being proactive is based on continually learning. I have a home based studio and do 'One on One' Personal Training sessions.

*Tai Chi classes are held at the Mt Hutt Hall each Monday 10-30-11.30am.  
Contact: 027 516 7549*



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sessions as nothing operates in isolation. I love learning about the updates and results given by the outcome of the scientific reports. It was amazing to listen to the neuroscientists with their expertise and knowledge. Becoming fit is just one aspect. Mood enhancing chemicals like serotonin, norepinephrine and dopamine post-exercise intertwine. Helping us as trainers to choose how to react to our circumstances. We can agree to disagree but we have to be loyal to one another. Perhaps this message should be taken to the beehive at this moment!

You are the creator of your reality. Your mind is the steering wheel. The biggest challenge for you is to manage, you so you can operate optimally. This brings you into alignment... Know what success is for you. Not what you read or what people tell you. Figure out who you are from the inside to out. You need to be able to hit the pause button to be objective on what you want to do. Again it's always about awareness. Awareness of how you think. Managing you in the middle of the unpredictable!! If you can manage you, you'll get results. I'm also grateful for my Tai Chi training as this does give a great balance for living in alignment.

A whole day's topic was discussed on 'the fat loss solution'. A topic we are all too familiar with!

## "Do it Once, Do it Right"



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## METHVEN

### !!!! NEW LISTING !!!! COMING SOON

- \*Stunning 203 sqm character home
- \*Five bedrooms, two bathrooms
- \*Fully renovated throughout
- \*Set on a 1,110 sqm beautifully established section

**46 South Belt, Methven**

**Open Home Saturday 27th October**

## METHVEN



### UNIQUE INVESTMENT OPPORTUNITY

30 Chapman Street offers a very rare investment opportunity with three properties within one 1,012 sqm section. The main villa comprises of three bedrooms, one bathroom and separate kitchen and living area and is currently rented over the winter for \$380 per week. **\$429,000**  
**30 Chapman Street**

## METHVEN



**OPEN HOME**

### CENTRAL TOWNHOUSE

This fantastic three double bedroom townhouse is located in the heart of Methven. In addition this home offers a large sunny deck, single internal access garage, an ensuite, separate laundry, under floor heating in the tiles and so much more. Set on an easy care section, this home would be an ideal first home, investment or holiday home. Currently rented out and achieving \$350 per week to long term tenants.

**\$359,000**

**Open Home Saturday 27th October 10.15-10.45am 11b Mackie Street**

## METHVEN



**OPEN HOME**

### VENDOR WANTS ACTION

Appealing three bedroom sunny home with fantastic mountain views is waiting for a new family to call it home. Will it be yours? Open plan kitchen & dining with large living area. The living area/lounge has lovely large windows which let plenty of sun in. The bathroom boasts both a bath and separate shower. There is a double internal access garage plus off street parking, and the gardens and lawn have been lovingly cared for.

**\$399,000**

**Open Home Saturday 27th October 11.00-11.30am 87 Forest Drive**

## METHVEN



### WOODEN BEAUTY

This wooden beauty with Rimu walls and Pine vaulted ceilings was built as a holiday home by the current owners over 35 years ago and now is the time for it to pass onto new owners. The open plan living and kitchen area has a lovely relaxed feel with the high ceilings, many windows and log burner.

**\$295,000**

**14 Carr Street**

## METHVEN



### FAMILY FRIENDLY LIVING

Built just over a year and a half ago, this much loved four bedroom home located in Camrose Estate was built with family in mind. The spacious open plan living/dining area boasts a cosy log fire plus heatpump & the generous kitchen offers a great space to create while watching over the family. **\$629,000**

**1 Camrose Avenue**

## METHVEN



**OPEN HOME**

### MUCH LOVED HOME READY FOR NEW OWNERS

On the market for the first time in over 35 years this well kept home located on a quarter acre section is a rare find. The main house consists of a large north facing living area with amazing views to Mt Hutt, three good sized bedrooms, separate laundry and plenty of storage. Heating will not be an issue in this home with a log burner, heat pump and chippy burner on wetback. The oversize double garage is sure to impress with a great workshop area to tinker away in. Upstairs has a large rumpus room with two additional spaces, perfect for teenagers or work from home. The beautiful established garden completes this package, if the size is not what you are after subdivision could be a possibility.

**\$429,000**

**Open Home Saturday 27th October 11.45-12.15pm 1 Alford Street**

## METHVEN



**OPEN HOME**

### LOW MAINTENANCE TWO BEDROOM

Set back off the road this two bedroom home is a lovely sunny spot. The open plan living and kitchen area that has recently been re-carpeted catches fantastic sun. Two good size double bedrooms with good wardrobes. Internal access garage that also has a second toilet and shower. The private fully fenced garden area is easy care but there is room for a veggie garden if desired. This property has been well looked after by the current owner, it was re-roofed just two years ago. This would make the perfect retirement home or stepping stone onto the market.

**\$279,000**

**Open Home Saturday 27th October 10.15-10.45am 75a Main Street**

## METHVEN - Alford Forest



**OPEN HOME**

**PRICE REDUCED**

### LIVE IN ALFORD FOREST ON 6.6 ACRES

One lifestyle block title of 6.67 acres with 2 permitted 3 bedroom houses. Live in one and rent out the other or both. You can live in the total house having 6 bedrooms. One home built 2009 and one renovated weatherboard. On the Hwy 72 tourist route and only 14 kms to Methven. Room for lifestyle animals. Currently divided into 3 paddocks and 2 garden areas. Wood shed and storage shed for the bikes and workshop. Eco septic tank system, 2 x large water storage tanks.

**\$655,000 (No GST)**

**Open Home Saturday 27th October 11.00-12.00pm**

**4929 Arundel Rakaia Gorge Road, Alford Forest**

## METHVEN



### 1/2 ACRE IN THE COUNTRY

Barrhill Village in the heart of the Mid Canterbury plains. Build your country home in this lovely small rural village. 2023m2, lot 4 Dp144. Water scheme to the boundary. Electricity in the road. Oak Avenue boast beautiful trees and countryside views. Historic Village council plan to be consulted when building. **\$160,000**

**10 Oak Avenue**

## METHVEN



### TERRACE DOWNS - Lot 38 Section

Build your dream getaway retreat on the edge of fairway 5 with impressive Mountain views. Located down a quiet lane way. Terrace Downs is an Internationally renowned Golf Resort. Adjacent neighbours have built so you know what's in place and what is possible. Services on the boundary. Only 55 minutes from Christchurch Airport.

**\$165,000**



Maree Firth  
Principal/  
Property  
Consultant  
027 5421 364



Rosa Harper  
Property  
Consultant  
027 465 5387



OJ Dodson  
Lifestyle &  
Residential  
Consultant  
0800 121919  
021 743 394



Amanda Pannett  
Office  
Administrator  
03 303 3093



# GROW YOUR OWN

Mary Ralston



gardening too. Apparently last year was a poor year for the Monarch butterflies which rely on Swan plants for their major food supply. This year, Kiwis are being asked to plant butterfly friendly plants to help feed the caterpillars when they hatch in spring and summer. Swan plants are the preferred food of Monarch butterflies – I've never grown them before but I intend to get some this week.

There's lots of other plants that can be grown in amongst the vegies to help beneficial insects flourish. Some of my favourites are alyssum, herbs such as chives and members of the carrot family such as wild carrot, parsley, coriander and dill. These plants have tiny flowers which are small enough for many beneficial insects to be able to feed from. They flower for a long time and can withstand the ups and downs of our weather and they also look nice in the vegie garden. Perennial plants to grow outside the vegie patch but nearby that are good for bees include japonica, lavender and hebes.

Bees play an essential role as pollinators in the garden and are lovely to watch foraging on flowering plants and vegetables. At the moment there are lots of bees enjoying rocket plants that are in flower – this shows it's important to leave some veges that may be past their best.

Mixing flowering plants in amongst your vegies also helps ensure that there are enough bees around to pollinate those vegies that need cross-pollination, such as pumpkins and broad beans.

*Growing a wide variety of vegies is good too – different vegies flower at different times, which helps the bees and helps the pollination.*



*National Gardening Week was held last week.*

It's a good time to reflect on the benefits that gardening can bring – fresh home-grown vegies, exercise, time outside in the fresh air and sunshine, connecting with the natural world and getting our hands dirty. Gardening parents (and grandparents) are great role models to their kids and fostering any activity that gets kids outdoors and away from screens, is a great thing.

Growing plants that benefit insects is an important part of

## Ashburton District Council Surface Water Strategy

Council is now consulting on the proposed Surface Water Strategy 2018. Consultation started on 1 October and closes at 5pm, 4 November 2018 and we want to hear from you!

The draft Surface Water Strategy details how Council will work with our community and other organisations to make our vision to sustainably manage our surface water resources a reality.

### The strategy:

- Provides information on the surface water systems Council manages and current work Council undertakes;
- Identifies key issues around surface water management for consideration;
- Sets out how Council will work with the community and stakeholders; and
- Identifies activities Council will do over the next 10 years.

Come to the A&P Show Council tent 26 & 27 October (Ashburton Showgrounds) to talk to us about the Draft Strategy!

Detailed information on the proposal and submission forms can be found at: [ashburtondc.govt.nz/haveyoursay](http://ashburtondc.govt.nz/haveyoursay)



## Word of the Week

### Agastopia

Agastopia means love of one part of the body.

The individual may prefer a certain part of body to do tasks, or they may protect it especially from everything by shielding it.

A cure for Agastopia has not been found. It is very rare.

## ACCOUNTS

For any queries, please call:

Sarah Robertson

302 8437 ext 709

Monday 9am - 3pm



# CLASSIFIED

**A** German road bike for sale: "Focus" in good condition, incl. child seat & basket \$300. Phone: Elisabeth 027 302 8000

**ABSOLUTELY** Plastered. Quality plastering, interior, level 4 paint finish, level 5 skim coating. Residential/Commercial/Renovations/Small gib fixing, repairs & painting. Call for a competitive quote: Michael 027 612 4546

**AQUA** Japanese Restaurant open 6pm from Friday to Sunday 302 9010

**ADBLUE** available at Methven Motors: 302 8201.

**WANTED** small, sunny section 400-500sqm. Phone 021 115 6464

**EXPERIENCED** Mixed Cropping Arable position. Permanent position at Barrhill for an experienced person who has great all-round farming skills and a sound knowledge in livestock. For further information refer to Trade Me listing # 1806917642 or call Hamish Irwin on 027 360 6795.

**FREE** Silage Tyres. Approx. 200 available. Each tyre has a hole drilled in the bottom to let water out if using for weighting down sheets on haystack. Can deliver. Ph: 027 721 0838

**JUNKO** Acupuncture ACC treatment provider. For booking and enquiries, phone 302 8888

**METHVEN** Motors has solar panels for sale come see your friendly auto electricians for advice 170 Main Street 302 8201.

**YOGA** - Yin - Tues 6pm & Thurs 9am, Yoga Flow - Wed 7pm. Contact Emma 021 145 5357

**METHVEN** Sports Massage Clinic -view/book online. Ph: 027 681 3201. Open 7 days

**NOW** Delivering: Semi-dry or just split firewood for next winter. Call Rini at RK Firewood 027 451 7300. Eftpos Avail.

**SOLEUTIONS** Reflexology with a blend of Natural Therapies is up and running again! Increase your circulation, manage your pain and RELAX. Appointments available Wednesday and Thursday evenings and some weekends. ph/text 027 652 2144

**THAI** Chilli Open 7 Days, 5pm to 9pm. Buffet - \$10 small, \$12 large - - takeaway, \$25pp dine in, U12's \$1 per age year. Ph: 303 3038

**RELIEF** Milker required weekends of 27/18 Oct, 9/10 Nov, 23/24 November (for an extra pair of hands over AI season). Milking 550 well behaved cows through a 50 bale rotary. 10 minutes from Methven. Hourly rate paid. Please phone Mark 027 479 0175

**TREE Work** - do you have trees on farm that need removed? Give Rini a call today for an experienced team and competitive quote 027 451 7300.

**ROUND** posts H3. 40/18 \$200. Ph: 302 1860.

**VERA** Massage Therapy: Sports, deep tissue and therapeutic massage. Open 5 days a week @ Methven & Ashburton. Contact Vera 022 126 9172

**VILLAGE** Takeaways and Pizzas. BACK ON DECK THURSDAY THROUGH SUNDAY. Then Summer hours Wed-Sun from 5pm Phone 03 302 8192. Find us on Facebook or at VillageTakeaways.co.nz

**WOOD** Splitting Service and tree removal available. Also looking to buy big old man Macrocarpa trees or logs. Call Rini Contracting 027 451 7300.

**METHVEN** Tyre & Hire, open from 7.30am Monday to Friday and Saturday mornings. For on farm or in workshop repairs of tyres. 24 Methven Chertsey Road. Phone 302 8411

**NEW** macrocarpa bar/q Table 1.5. top 100 x 50 \$250. Ph: 302 1860



# AGM

## 7.00pm, Tuesday 6th November 2018 Upstairs Meeting Room, Crossroads at the Lodge

Have you been thinking "gosh I wish our netball club would do...?" Now's your chance! Methven Netball Club would welcome some fresh new faces with new ideas to join our fun committee.

If you are a player, coach, or want to support your daughter please come along to our AGM and have your say in how your netball club is run.

*Please contact Sarah Colquhoun on 021 535 332 or [sarah\\_c@outlook.co.nz](mailto:sarah_c@outlook.co.nz) with any questions or check out our Facebook Page*



## Night Care Giver Methven House

We are looking for a Care Giver to join our team working Night Shift. This is a unique role which encompasses caregiving and cooking.

You will be working alone so experience in caregiving is preferential. 3-5 Night Shifts per week.

Methven House takes great pride in providing a high level of care to our residents whilst maintaining a home-like environment. The rest home is licensed for 14 residents and we have 4 rental flats on site.

For an application form please email [officeadmin@methvenhouse.co.nz](mailto:officeadmin@methvenhouse.co.nz). If you have any questions please contact Elisabeth or Jo, Phone - 03 302 8528

*Closing date: Friday 9th October for applications (including a cover letter and your CV) to Methven House.*



## Part Time Assistant Manager

(Registered Nurse) Position at Methven House Rest Home

We are looking for a part time Assistant Manager (Registered Nurse) to join our team.

This position would suit an experienced Registered Nurse who is looking for an opportunity to extend their skills in the area of health management.

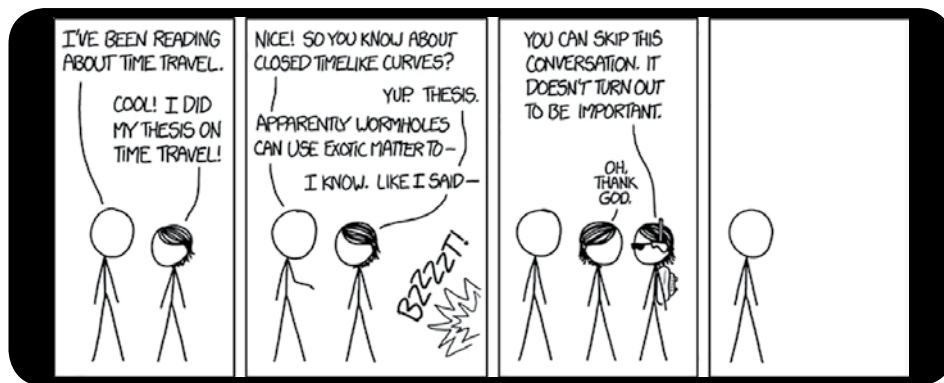
20 - 24 Hours per week (negotiable) with alternate weekend on call required.

Experience in aged care and specifically in management is desirable but not essential.

For a full job description and application form please email - [officeadmin@methvenhouse.co.nz](mailto:officeadmin@methvenhouse.co.nz).

If you would like to know more about this position phone: Methven House 03 302 8528 (during business hours) and speak to Elisabeth or Jo.

*Closing date: Friday 9th November 2018 for applications (including your CV).*



## HAVE YOU EVER CONSIDERED A CAREER IN DRIVING???

**Come join us at the Methven Trotting Club on  
WEDNESDAY 31 October from 10am – 1pm  
for the Methven Travel Ladies Driving Day event!**

Coaches, vans & school buses all on site for you to have a go driving, relaxed environment, no pressure. Our team of lady drivers will be on-site for a chat about their own stories of why they chose driving as a career path. Driver training info, license requirements and friendly faces all on-site.

**Sorry guys, this is a ladies only event ☺, woman drivers – you bet!**  
info@methventravel.co.nz, Phone 302-8106

## Free Confident Driving Course for Mature Drivers



Road safety is vital for drivers of all ages. As part of the Ashburton District Council Road Safety programme, mature drivers in the Ashburton District are offered a free refresher course. Age Concern delivers these courses for the Council.

### What does the course involve?

You will be guided through a one day, 5 hour session using a workbook which you keep at the end of the course. The course is designed to be informative, enjoyable and informal. There are no tests or exams and you will receive a certificate of attendance. The course is free while morning tea, lunch and refreshments will be provided for \$5.

**2018 Course Date: Friday 9 November, Ashburton Senior Centre,  
206 Cameron Street.**

To book your place on the course, please contact Age Concern on (03) 308 6817.



## METHVEN BOWLING CLUB

### For Week Ending 21 October

A lovely week of good weather allowed us to get into some good bowling this week.

**Hefford Shield: Played at Rakaia on Monday, 15 October**

This is an annual event played between Ashburton, Allenton, Rakaia and Methven ladies. We sent a team of eight ladies to battle it out. Ashburton won the cup, with the other three clubs third equal.

**Under 8 Fours:** One team had a Bye, and the other team were to play New Brighton at home but New Brighton defaulted (Methven is SO far away!)

**Men's 2x4 Pennants: played at Avon Park**

Team 1: B Mayson, B Harper, G Blackwell, G Turnbull had a convincing win

Team 2: R Fensom, I Syme, F Sandys, B Redmond drew their game

**Edna Low Open Fours: played at Methven Sunday 21 October**

This was played on the most beautiful day with the wonderful sounds of the Rodeo floating over the green.

First Place: G Turnbull, E Maw, G Brooker, A Holmes (nice to see a local team winning)

Second: T Inwood, T Caldwell, R Petrie, J Moffatt

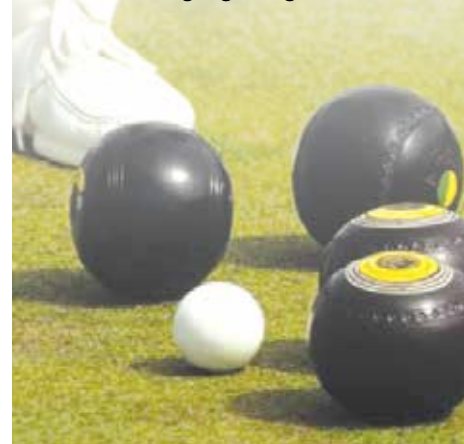
Third: M Anderson, M Quinn, G Eder, M Eder

Then of course an afternoon tea that was loaded to the gunnels and then completely disappeared in no time flat.

Our sponsors for the day were Blackwell Contracting and R&R Haulage who we thank profusely for their generous support.

**Canterbury Men's Under 8 Singles** post section: played in Christchurch on Sunday.

Our club was represented by Rob Fensom, who had a terrific first game but then having come back from the dead in the second game, eventually went down. He did so well though, getting to the final 8.







We've locked down the prices on thousands of products store wide!

# superValue Weeklies

22<sup>nd</sup> to 28<sup>th</sup> October 2018

**99¢**  
ea  
EVERYDAY

WW Still Spring Water 1.5L



**179**  
ea  
EVERYDAY

WW Confectionery 180-230g



**\$8.99**  
ea

WW/SR Mild/Colby/Edam Cheese 1kg



**\$11.99**  
kg

Fresh NZ Pork Loin Chops (Excludes Free Range)



**\$3.99**  
punnet

USA Red/Green Seedless Grapes 500g



**\$1.70**  
ea

Bluebird Original/Thick/Thinly Cut Chips 140-150g



**\$8.99**  
pk

Tegel Chicken Kebabs 480g 8 Pack



**\$2.49**  
bunch

Dole Philippine Bobby Bananas



**\$2.99**  
ea

Cadbury Dark Milk 160g/Block 155-205g



**\$23.99**  
pk

Steinlager Classic 15 x 330ml Bottles



**\$11.99**  
ea

Peter Yealands 750ml (Excludes Pinot Noir/Reserve/Syrah/Sparkling)/  
Villa Maria Private Bin 750ml (Excludes Pinot Noir/Syrah)



**\$2.49**  
ea

Arnott's Tim Tam 165-200g/Chocolate Mint Slice 200g



BRING  
YOUR  
OWN  
BAG

SINGLE USE PLASTIC BAGS ARE SAYING **BYE!**  
FROM OUR CHECKOUTS BY THE END OF 2018.

#PLASTICINTMYBAG

Owned & operated by locals

SuperValue Methven: The Mall, Methven. Ph 302 8050. Open 7am-9pm, 7 days.

While stocks last at SuperValue Methven only.

For inspiration visit [SuperValue.co.nz](http://SuperValue.co.nz)



Please drink responsibly