

# SNOWFED



Methven & Foothills Community Newspaper - Owned by Mount Hutt College

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Putanga 43  
Issue 43

## Johan wins at boxing's Golden Gloves!

Annie Jacobs

**Fifteen year old Mount Hutt College student Johan Struwig is punching above his weight and has just won the 70kg Junior Novice Title at the South Island Golden Gloves Boxing tournament held in Richmond, Nelson over Labour Weekend!**

Eight months ago he joined Mid Canterbury Boxing Academy (MCBA) in Ashburton and has been under the tutelage of Coach Cornelius Grobler and Assistant Coach Don Sauer.

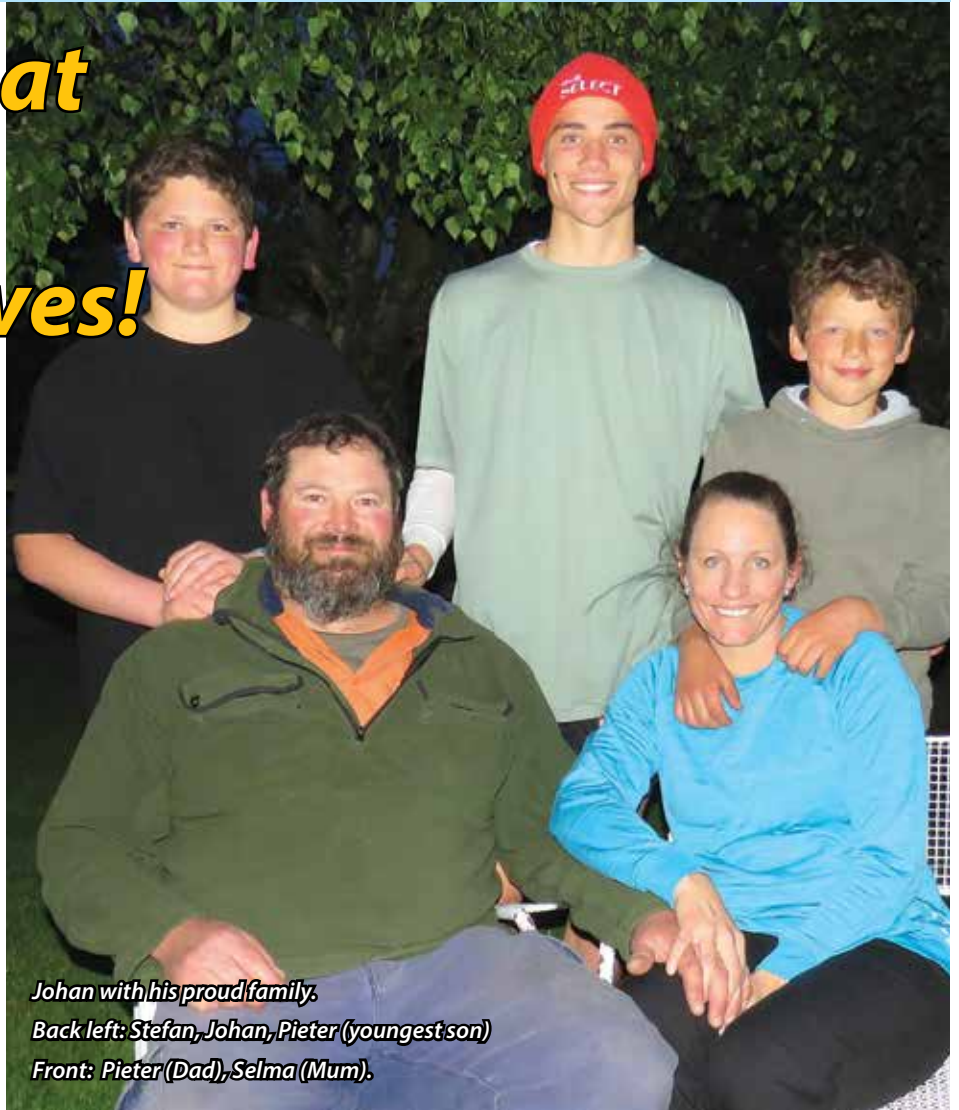
He has a friend who had started martial arts to gain confidence and felt he needed to do the same, so joined the MCBA.

Johan entered his first competition after only three months of competition training.

"Boxing is about discipline and commitment," he says. That discipline and commitment is taught and encouraged for members to adhere to in all aspects of their boxing, and has a flow on effect into other facets of their lives.

Respect, responsibility, compassion, consideration, kindness, duty, obedience, honesty and truthfulness are tenets that members are always working towards.

There is a limited amount of people fighting in the 70kg weight range in the South Island. "If you get knocked out, you have to stand down for six weeks," says Dad Pieter, "it's reassuring that despite being a combat sport, there are doctors on hand to check each level of the game." As Parents, Peter and Selma are impressed with how the MCBA works. It's not just about boxing, but about core values that coaches want to give to the kids.



*Johan with his proud family.*

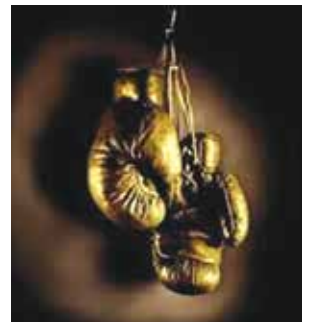
*Back left: Stefan, Johan, Pieter (youngest son)*

*Front: Pieter (Dad), Selma (Mum).*

"Thanks to my coach, who has enabled me to grow in the sport and thanks to the Academy," says Johan, "it forms a brotherhood – all of my team were cheering me on at the competition. Cornelius has taught me how to be a good sportsman."

"Top boxers from around the South Island take part in this competition, so it was a tremendous achievement to win a Golden gloves Title. It is a deserving win as Johan trains hard and has a huge future in boxing," said Don.

**Johan and his family are very grateful for the financial support from John McKay and South Pacific Seeds.**



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# PUKA RATAKA (Diary)

## COMMUNITY

**TUESDAY and FRIDAY**

**Methven Public Library** 2pm-4pm

**Methven Museum** 2pm-4pm

**SATURDAY**

**Methven Public Library** 10-11am

**AA Meeting** Methven Primary School Library, 6pm

## NOVEMBER

**Now - 20** Railway Display at Methven Museum, see above for hours

**5** New Entrant Parent Meeting, MPS, 7pm

**5** Geraldine Fete, Stover Farm, 9.30am-4pm

**5** Twilight Golf, Methven Golf Club, 4.30pm

**7** Hororata Highland Games, 9am, Hororata Domain

**9** Community Board meeting 10.30am, MHMH

**10** Awa Awa Reserve 50th AGM, Pot luck lunch, 11am at the Reserve

**13** Methven High Country Fete & Horse Power Muster, Methven Racecourse, 10am

**13** Ballz Up, Crossroads, 5pm

**14** Methven Motorshow, A & P Grounds

**14** Drive In Movie, A & P Grounds, 8pm

**16** Methven Squash Club AGM, 7.30pm at the Clubrooms

**19-21** "The Four Musketeers" Pantomime by Methven Theatre Company

**20-21** Dementia Appeal

**21-22** Philip Wareing Ltd 2 Day Multi Sponsored Tournament

**24** Highbank Hall AGM, at Hall, 7.30pm

**28** Methven Care Trust Garden Tour

**28** Community Pool Opening & BBQ, 6pm

**29** The Merry Little Christmas Market, 11.30am, Ashburton Event Centre

## DECEMBER

**8** MHC Senior Prizegiving, 7pm, School Hall

**9** Junior Prizegiving, Yr 9-10 11am, Yr7-8 1.30pm

## 2021

**5-10 January 2021** Methven Summer School

**19-21 March** South Island MTB Championships, Mt Hutt Bike Park

**Snowfed contact details:**  
Advertising & Articles:

Ph. 302 8437 ext 3  
E: letterbox@snowfed.co.nz

Disclaimer: The opinions, beliefs and viewpoints expressed by the various authors of Snowfed do not necessarily reflect the opinions, beliefs and viewpoints of Snowfed and Mount Hutt College.

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# Pink against Bullying

*Pink Shirt Day is a day to raise awareness against bullying; this is celebrated globally.*

Pink Shirt Day began in Canada in 2007 when two students, David Shepherd and Travis Price, took a stand against homophobic bullying after a new Year 10 student was harassed and threatened for wearing pink.

New Zealand has been supporting Pink Shirt Day since 2009. The campaign grows stronger and larger every year. Mount Hutt College showed their support by allowing students to wear a pink shirt or accessory, and donating a gold coin donation to the school to go towards a better bullying-free future. The students wore a variety of pink, such as pink shirts, ties, scarves, scrunchies, bracelets, socks and many more. The total combined amount our school raised was \$301.10.

On Pink Shirt Day, senior students were selling pink pancakes for a gold coin donation, a variety of games such as a lolly scramble,

lolly bull rush, water pong and throwing popcorn into people's mouths took place. Everyone got anti-bullying stickers. A huge thank you goes to Wendy Keepa, our Youth Mentor, and the students of the Welfare Committee, as well as Shyan and Mini. Other thanks to Cameron Holmes for going to the Methven Primary School and having a talk and handing out stickers.

Throughout the week Ms Cullen was selling pink scrunchies to represent breast cancer and pink shirt day. Scrunchies were \$2 each and all sold out within 4 days! The total amount raised was \$356.00 to go towards this amazing charity; a huge thank you to all who supported this.

*Leah Johnson, Aisling Monson and Brooke Wylie*



Failure is the line  
of least persistence

*Stephanie Martino*



**Awa Awa Reserve  
Society  
McLennans Bush**

### 50th AGM

**Tuesday 10 Nov  
11am,  
Rhododendron  
Reserve**

Meeting will be  
followed by a pot luck  
lunch, please bring  
something to share.

Meeting held wet or  
fine

**All welcome**



## CHURCH SERVICES

**All Saints Anglican Church**  
1 Chapman Street  
10:00am Sunday

**Mt Hutt Elim Church**  
112 Main Street  
10:30am Sunday

**Our Lady of the Snows  
Catholic Church** Main Street  
9:00am Sunday

**St Johns Presbyterian Church**  
Jackson Street  
10:30am Sunday

**Highbank Charitable Trust**  
(Highbank Hall)

### AGM

**Tuesday 24 November 2020 at 7.30pm**  
At the Highbank Hall

Refreshments provided

**All welcome**



**METHVEN MUSEUM DISPLAY  
ON THE  
METHVEN RAILWAY**

Due to popular demand the railway display at the Methven Museum will be extended till Friday 20th November at 4pm.

**Free entry, donations appreciated.**



# READY FOR A BALLZ UP?

**Annie Jacobs**

*Rising costs and a raft of extra expenses has meant that Methven Community Pool have had to come up with some novel fundraising ideas, and they are exciting!*

They will be holding monthly events to get the pool open, and on Friday 13 November their inaugural Ballz Up Family Fun Event is happening in conjunction with Crossroads, kicking off at 5pm.

Ballz Up Racing has balls for sale at \$10 per ball, and people can buy as many balls as they'd like to enter. Numbers are limited, so get in quick via Methven Pool Facebook page, or by visiting one of the sponsoring businesses. There will be twelve races (heats) sponsored by local businesses, and the Crossroads thirteenth race will be the final. Balls will be raced down the stream outside Crossroads.

For this season, the Pool Committee is raising money to paint both pools (\$6,000 exclusive of repairs), buy a new pool cover (half a cover costs approximately \$7,000), purchase new ballast tanks (for storing the pool chemical safely, \$3,000), along with an upgrade to fulfil and keep the pool complex up to code standard, and as a community, we can get in there and support! The Methven Pool Committee also have a Nightswim and barbecue planned for Saturday 28 November.

Committee members Callie McAndrew and Juanita Hughes have been testing who has the fastest balls to give the best ballsiest race. We all know that big balls aren't necessarily better!

There will no doubt be lots of laughs and fun on the night, along with a raffle and free sausage sizzle for the kids.

The winner will receive a seasons pool key and a \$100 meal voucher – a fabulous prize!



*Who has the best balls?*

*Photo supplied*



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Methven & Foothills

2020

Saturday 28 November

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details [www.methvencaretrust.co.nz](http://www.methvencaretrust.co.nz)

BAYLEYS





# Life-long friends made at Outward Bound

**Annie Jacobs**

**Mount Hutt College student Zoe Clulee was the lucky winner of the Mayoral Taskforce for Jobs Outward Bound Scholarship.**

Zoe spent three weeks at Outward Bound last month. She participated in and learned loads of new skills at their base in the Marlborough Sounds.

Outward Bound has a variety of courses in leadership and teamwork. The courses are known to be physically, socially, and mentally challenging; pushing personal boundaries.

Zoe found the experience to be really beneficial and feels it has helped her with lots of life skills such as goal setting and



*Deputy Mayor Liz McMillan and Zoe Clulee at the Ashburton District Council Meeting last week, where Zoe did a presentation on her experience at Outward Bound.*

*Photo by Kaylib Gorrie*

achieving. She set a target of achieving a half marathon, and since the Outward Bound experience, has completed it!

Most participants at Outward Bound dread the two day solo camping experience and Zoe was similar, yet

now values the experience, finding it to be a time of great personal development.

***Despite the great challenges, Zoe has returned having made some new life-long friends, and has a whole new skill set in her repertoire!***



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Operating successfully as a lodge, apartments and campground for many years, there appears to be untapped potential in the land and buildings currently not all fully utilised.

Construction has started on the new Methven hot pools and water park facilities, planned at this stage to open mid-2021, potentially creating on-going year-round business. <https://opuke.co.nz>.

Ph: John Connelly DDI: 03 550 0520 M: 021 880 881  
Ref#1993

# New Manager for Hospice

*Hospice's new Volunteer Manager, Belinda Brand, is thoroughly enjoying her new position with the organisation. Belinda brings with her a wealth of experience from her ten years in a similar position with Idea Services (IHC).*

Belinda's role in the organisation is multifaceted. She coordinates service providers such as counsellors and therapists as well as volunteers including assessors, biographers and support companions. She is the first point of contact when a referral is made. She then organises the key steps which need to be made to ensure that a client receives the appropriate supports he or she needs at that time and also organises on-going reviews to ensure needs are being met.

As well as organising activities such as exercise therapy classes and Armchair Travel for clients, she also plans education sessions for volunteers.

"I love the job," she says. "It's very varied, and there's such a good team of people committed to Hospice."

Belinda is looking forward to COVID restrictions easing so that full Hospice supports and activities can resume.

Christine Wilson has now stepped out of the role of Volunteer Manager after three years but will continue to be part of the Hospice

team as a volunteer working on promotions and biography writing, and assisting with exercise therapy.

If you or someone you care about has a life limiting illness and would like our support, contact Belinda on 307 8387, or 027 227 8387 or email: [belinda@hospicemc.nz](mailto:belinda@hospicemc.nz).

See also our website:

[www.hospicemc.nz](http://www.hospicemc.nz) and our facebook page: [www.facebook.com/hospicemidcanterbury/](https://www.facebook.com/hospicemidcanterbury/)

*From 2 November 2020, Hospice Mid Canterbury will be operating from its new base at 70 Havelock Street, Ashburton (former Sealy St Medical Centre).*



*Belinda and Christine*



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Left: Hans Bovendeerd and brother Marco.

# Fabulous success for Hans and Marco!

**Two Mount Hutt College students are excelling in their All Terrain Vehicle riding!**

At Labour Weekend, the Bovendeerd family were competing, and both of the boys did very well.

Hans (13) and Marco (12) were competing in the South Island Moto Cross Title and the New Zealand Moto Cross title.

Hans is 6th in the South Island and 8th in New Zealand.

Marco is 2nd in the South island and 2nd in New Zealand - this is his first year in the 125cc Production Class.

**Well done boys, congratulations to you both!**



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# Jason builds on your ideas



Annie Jacobs

The Watene name is well known around Mid Canterbury, and Jason and Megan Watene have ventured into a new enterprise continuing some of what they've been known for, for many years.

Opuke Small Builds is Methven Watene family's new building business. Jason has been a builder for many years. He started working with Mark Dalglish, and then has had the last eight years with Brent Anderson Builders.

"Brent is great," said Jason, "he has taught me so much, and I'm very grateful for what he gave me."

With wide experience in his building background, Jason decided he wanted to go out on his own as a sole trader and service people who had smaller building jobs.

"I kept hearing about people who wanted small building jobs done, but big builders didn't have time to do them," said Jason.



The Watene family

...enjoys working with clients, collaborating on ideas, style, design, looking at what's possible within your budget...

Family/whanau are very important to Jason and Megan and they wanted to have time to help people with the smaller jobs which would complement and work in with their own family commitments.

If you are considering getting some building work done, Jason is your man. He can come and have a look at what you'd like. He enjoys working with clients, collaborating on ideas, style, design, looking at what's possible within your budget, and talks with clients each step of the way on a building project.

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*Previously dark and dreary, a dividing wall was removed, and french doors added to turn this into a sunny, spacious living space filled with warmth and ambience.*

He does extensions, renovations, bathrooms, kitchens, partitions, wall removal, decks/verandahs, fences, sheds, garages, pole sheds and much more.

Jason loves renovating old houses and changing them into something bright and new, in keeping with what clients like.

Clearly passionate about doing his best by his clients, Jason loves the challenge of variety.

"Variety excites me. I love working outside as well as inside. Older houses really excite me, they're like a treasure, opening them up and seeing what's inside," he enthused.

"I'm all about doing the stuff the big builders don't want to do. If you have an idea, bring it. If not, don't worry, because I have lots," he smiles. The overriding fact is that clients wishes and needs are Jason's focus.



  
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# Student Leaders visit Pippins & Brownies

Methven Pippins and Brownies were lucky enough to receive a friendly visit from Methven Primary School (MPS) and Mount Hutt College student leaders recently.

Ella Quinn and Penny Redfern from Methven Primary School and Penny Nell, Megan Rutter and Sammie Mackie from Mount Hutt College came to speak to the girls about how to be a good friend.

The student leaders helped with games and role plays with the girls to help them learn about how to be a good friend, and also how to support people who are being bullied. A new term which was introduced was how to be an "upstander." An upstander is someone who recognises when something is wrong and acts to make it right. When an upstander sees or hears about someone being bullied, they speak up. Being an upstander is being a hero; we are standing up for what is right and doing our best to help support and protect someone who is being hurt. In many ways, this is another word for being socially responsible. A bystander is someone who witnesses bullying, but does nothing to try and stop it. Most young bystanders do not act maliciously, but are simply unaware of their ability to help.

Ella and Penny talked to the group about the MPS WITS programme. This teaches



**30 October - 5 November**



Lucy Markillie 13  
Sandra McMillan 38  
Guy Ensor 9  
Jo Molyneux 45  
Scott Friend 45  
Zoe McNeilly 23  
Kyle Morrison 6  
Wendy Fitzgerald  
Tash Lilley 43  
Charlie Russell 9  
Samuel Clarke 29  
Cruise Tane 25  
Tim Pike 39  
Margaret Feiss  
Harley Burton 18

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Ian McLean 027 433 4545

Mark Wareing 027 433 4539  
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children to Walk away, Ignore, Talk it out and Seek help when faced with peer conflict. The acronym also provides a common language that children and the adults around them can use to talk about and respond to problems.

Penny, Megan and Sammie led the girls in a kindness circle - where you receive a compliment, say one thing positive about yourself and give a compliment to another girl. They talked about how it made you feel warm inside when someone said something good about you. Sammie also said that it is really important to remember to say good things to yourself, especially with there being so much feedback in the media/social media today about how you "should" be. There was much laughter as the MHC leaders taught the girls to do trust falls, (where they close their eyes and fall backwards for a partner to catch them). Then all of the leaders helped them with role playing being good friends. To end the session, each of the girls made warm fuzzies (notes), to give to people at home or school.

"All of the student leaders were outstanding," Pippins and Brownies co-leader Donna Lill said, "they showed initiative in suggesting and leading games that would help the girls understand how they could be a good friend to someone else. They engaged with the girls in each of the activities, discussing and supporting them to practice the strategies they were learning."



*Methven Playcentre tamariki have been fighting "fires" all over the place at our centre recently – but don't worry, there were no actual fires!*

"Fires" (painted-on flames) were lit all over the outside area of the centre and the children worked well together as a team to find the fires and take turns at putting them out with the hose spray gun (which was real!).

It took a lot of control and concentration to hold the trigger and get the water spraying in the right direction. It was great to see the children encouraging each other, working together and taking turns. Methven Playcentre is in good hands if any fires pop up!

If you'd like to see what we get up to here at the centre pop in and see us in session on Monday, Tuesday, Thursday mornings from 9am-11.30am.

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# Spooky Disco for MPS

Last Thursday the Mahuri team held a Spooky Disco for year 1-3 MPS students, to celebrate our year together so far.

This was held at the Mount Hutt College Hall. There were amazing dance moves happening throughout the night. We played



musical statues and had dance-offs. All of the teachers were blown away with the students costumes and the amount of effort that had gone into them, and some of our teachers were unrecognisable in their costumes also. Everyone looked amazing and spooky! Thanks Miss Kuyf for organising this, we had a blast!

"I enjoyed dancing with my friends and playing musical statues." *Nila*

"I loved my costume and enjoyed running around with my friends." *Alex*

"I loved playing musical statues." *Vaughn*



"I got to dance and dress up as a witch" *Makenzie B*

"I enjoyed dancing." *Ben*



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***Last Wednesday everything aligned for a perfect Pet Day at OLS!***

Our tamariki brought in dogs of every size, shape and variety, puppies, lambs, and a chicken for the Pet Parade. We welcomed Methven House and our local preschoolers to join us for a sausage sizzle and to watch our animals undertake an agility course.

Methven House residents loved holding 2 week old Labrador puppies, patting lambs and enjoyed afternoon tea with us. In our multipurpose

room we were so impressed by the imagination, hard work and skill involved in creating flower arrangements, construction, animal projects, cupcakes and artwork! Our judges had a hard time choosing placings as the quality of entries were top notch!

***A massive thank you goes to Fiona Maginness who organised the events, entries, prizes and judges which made this day such a success.***

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# More options for care around the clock in Mid Canterbury

*Ensuring people and their whānau can get care when and where they need it is a top priority for local general practice teams and the wider health care community in Ashburton.*

Dr Sue Fowlie, Clinical Director of the Rakaia Medical Practice and member of the Canterbury Clinical Network Alliance Leadership Team, says the community can access care in a variety of ways, with the general practice team that best fits their needs.

"Health providers across the Mid Canterbury region have worked together with their community to ensure that it's easy for patients to enrol with a new practice or transfer between practices," says Sue. When a person contacts a practice to enrol, but the practice is full, they will be helped to find another general practice team that suits their needs. "If a practice isn't taking new patients, it will be in the best interest of everyone, as it's not safe for a practice to have too many patients to care for. But, there will always be another option, which can be worked out with the patient. It is your right to change GPs or Practices for any reason, and patients shouldn't feel uncomfortable about doing this. GPs just want to know that people are getting the care they need and won't be

offended if you transfer to another doctor. It's all about the patient feeling comfortable and not delaying their care."

Many practices are now offering appointments by telephone and/or video, as often patients don't actually need to be on site.

When patients contact their practice they are offered the options that best suits their need. For example if it's just a prescription that is required often it can be sent straight to the pharmacy; if you have COVID-19 symptoms precautions can be put in place, such as PPE and meeting you at a different entrance, or other issues can safely be checked via a video or phone consult.

"The response to the variety of ways you can receive care has been overwhelmingly positive, as it means patients can save time as they don't always need to travel and take time away from work and their whānau."

Care is always available around the clock and if people need health advice, all they need to do is ring their general practice team and their call will be answered 24/7.

"Sometimes the call may take a little while to answer, but stay on the line. Some practices have extended hours, so if you call late in the day, you may be able to talk to your own practice team. Otherwise it will be diverted and answered by a health professional who will offer advice and suggest where to get care if appropriate."

For further information people should contact a local general practice, who will be able to offer advice and answer their questions.

The process supporting patients to transfer and enrol with general practices in Mid Canterbury has been created through the Ashburton SLA – a group of health professionals, people working in health related services and people who use health services that work together, to ensure the local community has access to appropriate and sustainable health services.



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*East End of Methven Goods Shed 1939*

## GOLF

### Ladies Golf 28th October

Competition: Secretary's Choice - Bingo Bango Bongo

Winner Denise Dixey 23 points

Chip and Putt Competition Sharryn Bree

Best nett Dennise Hood 104-34-70, Tania Wilson 90-20-72, Jenny Senior 89-17-72

Aqua Japanese Restaurant Best Nett of the day Dennise Hood 70

Mt Hutt Lodge Best Nett for October Robyn Maw 69

Nearest the Pins: No4 Open The Surprise Hole Tania Wilson, No17 Open Methven Foursquare Sharryn Bree, No13 Open & Br B Supervalu Heather Santy, No6 Open Methven Pharmacy Jenny Senior, No6 Sat Girls Methven Travel Ellen Kemp.

Two and Nett Eagles Gail Limbrick, Wendy Wareing, Jane Helmore.

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The Killings at Kingfisher Hill *Sophie Hannah*

V2 *Robert Harris*

Sisters of War *Lana Kortchik*

Warlight *Michael Ondaatje*

Knife Edge *Simon Mayo*

Home Stretch *Graham Norton*

The Coast to Coast Murders *James Patterson*

The Book of Two Ways *Jodi Picoult*

A Song for the Dark Times *Ian Rankin*

Many Rivers to Cross *Peter Robinson*

The Miracle Typist *Leon Silver*

The Return *Nicholas Sparks*

The Tolstoy Estate *Steven Conte*

The Bird in the Bamboo Cage *Hazel Gaynor*

The Godmothers *Monica McInerney*

Where the Crawdads Sing *Delia Owen*

Down South (N.F.) *Bruce Ansley*

Wild at Heart (N.F.) *Miriam Lancewood*

Stand for all Time (N.F.) *Anna Rogers*

Upriver (N.F.) *Colin Heinz*

The Boys in the Boat (N.F.) *Daniel J. Brown*

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**Tuesday & Friday 2-4pm**

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## FROM MY DESK

Jo Luxton



*In my first column as the MP for Rangitata, I want to say thank you. Thank you for voting for Jacinda Ardern, for Labour, and for myself.*

I've spent some time since the election reflecting on the last few weeks, and indeed, the last few years. What sticks out to me most throughout this crazy ride is the people.

**He aha te mea nui o te ao?**

What is the most important thing in the world?

**He tangata, he tangata, he tangata.**

It is the people, it is the people, it is the people.

My husband and my family, who have been my sounding board and carers, my team of volunteers and supporters, who have backed and encouraged me, and of course, the people of Rangitata. You have put your faith in me, and this is not something that I will ever take for granted. Thank you.

This area has not had an elected Labour Member of Parliament (MP) since Horrace Herring in 1935. The enormity of the result on election night is not lost on me, I am humbled in the support of this electorate.

I love this place. Having lived here for over 24 years, raising my children here, owning businesses here, it is home. I want to see the people here thrive and grow, and be the best they can be.

I see the huge potential, the success stories that happen every day, and I see the challenges that we face too. There is no doubt, there is work to be done. As Jacinda Ardern said in her speech on election night, the Labour Party will be a party that governs for every New Zealander. This is my intention for Rangitata - we need representation for

every person in this electorate, from every walk of life.

It is going to be hard work, but I am absolutely up for the challenge and committed to this place and our people.

I am looking forward to continuing on with the ground work that I have already done as a List MP, to continue building relationships with our community in order to be a strong advocate in Wellington. I want to hear your stories, your challenges, your successes.

I am in the very beginning phases of establishing my Ashburton office, hiring staff and gearing up to be the best MP I can be, at the heart of Government, to deliver for Rangitata.

If you have any queries in the interim, please email: [jo.luxton@parliament.govt.nz](mailto:jo.luxton@parliament.govt.nz)

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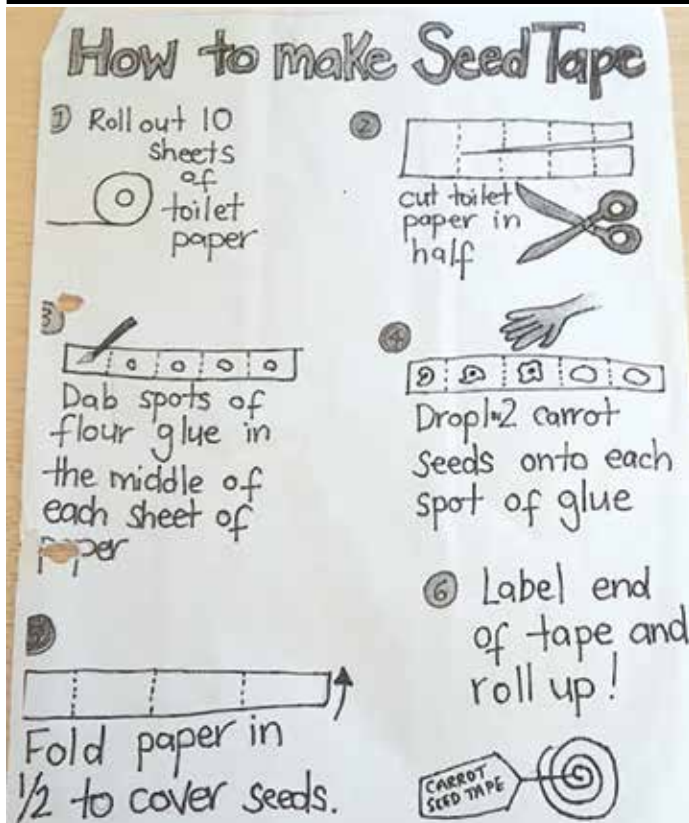
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# GROW YOUR OWN

Mary Ralston

## Seed tape - what is it all about?



*Seed tape is a new-fangled approach to veg gardening. What is it all about? Seed tape is a simple idea – seeds of common vegetable varieties are sold in the form of a strip of tape that has the seeds attached.*

All you do is cultivate the soil and bury the tape in your garden bed. Tape has the advantage of the seed being at the right spacing and it is a lot less fiddly than sowing individual seeds, and the tape holds moisture around the seeds while they are germinating.

For young children and those with arthritis who may have difficulty handling small seeds, they are great, for those who like veg gardening to be quick and simple, seed tape is great.

The disadvantages of seed tape are that it is more expensive than seeds and birds tend to scratch it up unless it is well anchored, and you can't get unusual varieties. You also have to be careful not to bury too deeply, but that is the case with normal seed sowing too. I don't use it myself as I like the whole getting-

your-hands-dirty experience, but I can see it has its place.

Seed tape can be made at home and making it is a great activity for kids. It would make great Christmas presents. The following instructions were from the Diamond Harbour School.

**Materials needed:** toilet paper, seeds like carrot, lettuce or radish, flour and water, paint brush, cardboard or paper for labels, string, scissors, lollipop sticks.

### What to do:

- Cut some toilet paper to about 1 metre long. Then cut it in half long ways.
- Mix the flour and water together in a bowl, until it makes a sticky paste. Make sure it is not super thick.
- Dab small amount of flour paste in the middle of the paper. Use a lollipop stick to make sure the glue is placed evenly apart.
- Get two seeds and carefully place them in the flour paste. Continue doing this until you reach the end of the toilet paper.
- Fold the toilet paper in half lengthways to cover the seeds inside the paper.
- Roll the finished seed tape up and tie together with a length of string.
- Next make a label from scrap paper or cardboard, with the names of the seeds inside.

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# Working Dog Study published

*Working dogs are an essential part of a sheep and beef farming operation.*

Vetlife partnered with Massey University to conduct a working dog study in New Zealand which collected data on feeding, housing, general health practices, training and condition, disease and injury, career duration and risk factors for disease, injury and end of career. No other study to date has included this information and it is hoped that the findings will help to improve the health and wellbeing of working dogs.

The TeamMate study was conducted for just over four years and involved 641 working farm dogs (based in Otago and Canterbury) and 126 owners. All working dogs aged over 18 months and in full work were enrolled. The average age at enrolment was 4 years, with the makeup of dogs approximately 50% heading dogs and 50% Huntaways with the gender split also approximately 50/50. Two research papers have now been written on the data collected from this study.

"TeamMate: A Longitudinal Study of New Zealand Working Farm Dogs. II. Occurrence of Musculoskeletal Abnormalities" was published on the 16th of October 2020. This dataset included 323 working dogs in the TeamMate study who were free of musculoskeletal abnormalities on enrolment in the study and were present for at least one follow-

up examination. The study found that there is a high incidence rate of recorded musculoskeletal abnormalities in working dogs. It was discovered that there was no major difference in injury numbers based on gender or breed of dog.

Lead study veterinarian Dr Lori Linney said: "The TeamMate study has shown that working dogs are vulnerable to contracting a musculoskeletal injury or illness. The average working dog career lasts until age 7 and early retirement can occur due to injury. We recommend that working dog owners take steps to prevent the onset and severity of these injuries, to help prolong their working dogs' career."

"These include preventing dogs jumping from heights where possible, build up your

dog's strength over time when they are young, allow for warm up and cool down for their muscles (like a human athlete), keep them warm in winter to reduce excess energy being redirected from healing and recovery to keeping warm, ensure they are fed good nutrition, give them periods of rest and take them to the vet if they show signs of pain or at least 12-monthly for a check-up."

"Even if they do show signs of musculoskeletal injury or disease, there are many things your



*Lead study Veterinarian Dr Lori Linney*



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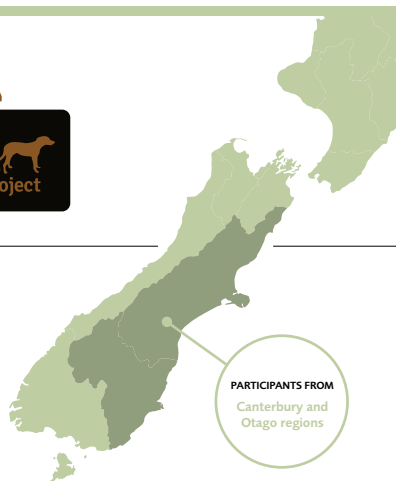
# TeamMate

The New Zealand working dog project



## The TeamMate study

- 641 dogs participated
- 126 owners
- 116 farms
- 2 academic papers
- Ran from May 2014 – late 2018



PARTICIPANTS FROM  
Canterbury and  
Otago regions



## KEY FINDINGS & VETLIFE RECOMMENDATIONS

VACCINATIONS	WORMING	ARTHRITIS	BEDDING
 <b>24%</b> <b>OF DOGS WERE ONLY BEING VACCINATED AS ADULTS</b>	 <b>85%</b> <b>OF OWNERS FED MEAT AS PART OF A DOG'S NORMAL DIET</b>	 <b>74%</b> <b>HAD CLINICAL ABNORMALITIES</b>	 <b>86%</b> <b>SLEPT IN UNINSULATED KENNELS</b>
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veterinarian can do to make them more comfortable and keep working. We also recommend that owner take care when buying working dogs that they consider conformation and existing conditions that may limit their working future. A dog should be carefully examined before purchase.” Dr Linney concluded.

The original research paper “TeamMate: a longitudinal study of New Zealand working farm dogs. I. Methods, population characteristics and health on enrolment” was published on the 17th of February 2020. This study presented the findings regarding the 641 working dogs enrolled.

“...86% of dogs were housed in uninsulated kennels, 44% had kennel bedding and 52% were not given a coat at any stage.”

Veterinarians gave the enrolled dogs physical examinations at approximately 6-monthly intervals. Clinical abnormalities were found in 74% of dogs enrolled. As working dogs are athletic and lean, they are likely to be prone to injuries due to the nature of their work. The most common abnormalities were musculoskeletal system (43%) including arthritis, skin (including scars and callouses; 42%), and oral cavity (including worn and broken teeth; 35%).

Other interesting findings that came out of the study were that approximately 30% of the TeamMate dogs were allocated a body condition score (BCS) of 3 or less. This highlights that owners should consider a working dog's nutrition needs and the quality of food they receive. Vets can provide advice for owners as feeding needs depend on the metabolism of the dog, the type of work they perform on the farm, their general health and any

other energy demands they have, including temperature regulation requirements and injury recovery.

Another finding was that improving sleeping conditions for working dogs may positively impact their health and wellbeing, as well as their career longevity. The study reported that 86% of dogs were housed in uninsulated kennels, 44% had kennel bedding and 52% were not given a coat at any stage. The recommended housing temperature to house a healthy dog is 20-26°C and temperatures in the South Island regularly drop below 0°C in winter. With low levels of body fat, working dogs are susceptible to cold stress. 16% of dogs studied had some form of pressure callous, caused by lying on hard surfaces.

Whilst vaccination is important for working dog health, only 24% of TeamMate dogs were vaccinated as adults and 45% as puppies. 81% of owners fed dogs commercial biscuits and meat sourced on farm. Farm dogs appear to be highly valued with 33% of enrolled dogs covered by some form of insurance scheme. The average number of dogs per owner was 4, and the average retirement age for a working dog is 7 years.

Vetlife is proud to have contributed to the working dog body of knowledge and are focusing on working dog health for the month of November.

To find out more information, please visit <https://vetlife.co.nz/teammate-working-dog-project/>.

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## METHVEN NETBALL CLUB



**Tuesday November 10<sup>th</sup> @7pm**

### Upstairs at Crossroads, Chertsey Road, Methven

We currently have a strong committee, but have some members stepping down or aside so need to keep our numbers up.

With over 130 players, we are a big club so if you are a parent of a netball player, a player or are just a keen netball supporter please come along to our AGM to show your support.

You are welcome to contact President Mel McSweeney on 0272284826, talk with any current committee members or message our Facebook page for more info.

We look forward to some great support on the 10<sup>th</sup> November. Thank you.

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- Caregiving experience preferred but not essential as ongoing training would be available.

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If this sounds like you please email: [officeadmin@methvenhouse.co.nz](mailto:officeadmin@methvenhouse.co.nz) for an application form. If you have any questions please contact Sue Bell or Debbie Jessep 03 302 8528.

**Closing date:** Monday 9th November 2020 for applications (including a cover letter and CV) to Methven House.



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bayleys.co.nz/5512448



## Methven 12 Memorial Crescent

**Price Indication** \$167,500

**View** by appointment

**Olé Wallis** 021 0273 7307

ole.wallis@bayleys.co.nz

WHALAN AND PARTNERS LTD, BAYLEYS,  
LICENSED UNDER THE REA ACT 2008

### Ready when you are

A sunny section in stage three of Camrose Estate. A quiet subdivision at the edge of the Methven Township; a thriving Alpine Village, close to the new hot pools' development and a short walk to all amenities.

bayleys.co.nz/5513466



## Methven 49A South Belt

3 2

### Deadline Sale (unless sold prior)

2pm, Tue 10 Nov 2020

**View** Sat 2-2.30pm

or by appointment

**Maree Firth** 027 542 1364

WHALAN AND PARTNERS LTD, BAYLEYS,  
LICENSED UNDER THE REA ACT 2008

### Stylish home

This unique home has been transformed into a stylish three bedroom home with a sauna. Great indoor/outdoor flow to be enjoyed.

bayleys.co.nz/5513498



## Methven 49 South Belt

6 2 6

### For Sale offers invited over

\$729,000

**View** Sat 1.30-2pm

or by appointment

**Maree Firth** 027 542 1364

maree.firth@bayleys.co.nz

WHALAN AND PARTNERS LTD, BAYLEYS,  
LICENSED UNDER THE REA ACT 2008

### Large home or opportunity

This property comes fully furnished. Options for home and income or large/extended family.

bayleys.co.nz/5512560



## Methven Racecourse Avenue

## Equus Park - Methven's newest neighbourhood

Located on Racecourse Avenue between the racecourse and the northern boundary of the Methven township, Equus Park offers uninterrupted views of Mount Hutt and the Southern Alps. Offering premium land parcels in a highly desirable location, these sections are perfect for first home buyers, families looking for more space, or investors looking to build in a progressive town. Equus Park Stage one sections range from 1,001sqm to 2,062sqm subject to survey, with prices starting from \$195,000 and titles expected April - May 2021.

bayleys.co.nz/5513310

### Price by Negotiation

### Phone for viewing times

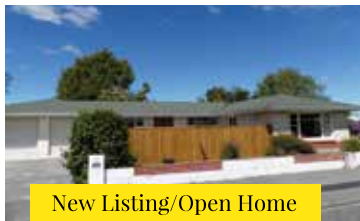
**Mike Preston** 027 430 7041

mike.preston@bayleys.co.nz

**Simon Sharpin** 027 631 8087

simon.sharpin@bayleys.co.nz

WHALAN AND PARTNERS LTD, BAYLEYS,  
LICENSED UNDER THE REA ACT 2008



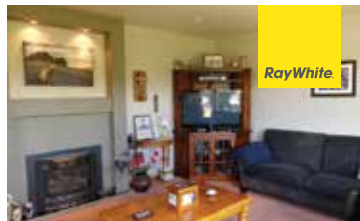
### New Listing/Open Home

19 Lampard Street, **Methven**

Solid 3 bedroom home with many upgrades. Situated on a large 1012m2 section. Kitchen & small dining area that opens out into a very private fenced courtyard area. Separate lounge with feature gas fireplace. 2 modern bathrooms. Partial d/glazing, h/pump & HRV.

**rwashburton.co.nz/AHB22952**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



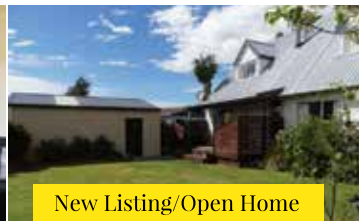
RayWhite

3 2 2

**Deadline Sale**  
(unless sold prior)  
closing 2pm,  
Wed 02 Dec 2020

**View**  
Saturday  
10:00 - 10:30am

**Margaret Feiss**  
021 751 009



### New Listing/Open Home

4 Lilley Place, **Methven**

4 bedroom modernised home that captures the sun. O/ plan kitchen with new dishwasher, oven, vinyl & benchtop. Living space with heat pump that opens onto a decking & rear garden. Updated family bathroom. 2 large bedrooms upstairs. Separate double garage.

**rwashburton.co.nz/AHB22948**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



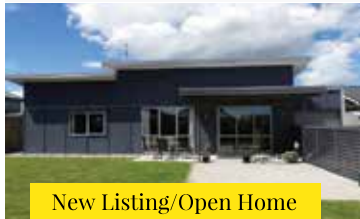
RayWhite

4 1 2

**Deadline Sale**  
(unless sold prior)  
closing 2pm,  
Mon 30 Nov 2020

**View**  
Saturday  
11:15 - 11:45am

**Margaret Feiss**  
021 751 009



### New Listing/Open Home

18a Mcmillan Street, **Methven**

This trendy 3 bedroom house has an industrial feel. Kitchen features a double oven, black concrete bench top, mirror splash back & a small butlers pantry. O/plan living with office nook, heat pump & feature lighting. Single attached garage. Fully fenced. Perfect Air B & B.

**rwashburton.co.nz/AHB22951**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



RayWhite

3 2 1

**Deadline Sale**  
(unless sold prior)  
closing 2pm,  
Tue 01 Dec 2020

**View**  
Saturday  
1:00 - 1:30pm

**Margaret Feiss**  
021 751 009



RayWhite

### Open Home

4 Blackford Street, **Methven**

Two homes. Outstanding opportunity for a buyer seeking a reliable income. So close to the township. 1st home - 2 bed, 1 bath, open plan living, single attached garage. 2nd home 5 bed, 2.5 bath, large open plan kitchen living. Double attached garage.

**rwashburton.co.nz/AHB22671**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)

**For Sale**  
\$980,000

**View**  
Saturday  
11:00 - 12:00pm

**Shirley Fitzgerald**  
027 220 1528



RayWhite

29 Allen Street, **Methven**

4 2 2

Four bedroom home on 1012m2 section. This house was refurbished a few years ago. Open plan kitchen, dining (with log fire) which opens into a separate sunny lounge room. Master bedroom (small ensuite) & family bathroom.

**Deadline Sale**  
UNDER OFFER  
**View**  
by appointment

**Margaret Feiss**  
021 751 009

**rwashburton.co.nz/AHB22939**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



RayWhite

46 Dolma Street, **Methven**

4 2 3

Stylish 4 bedroom plus large office family home on 4000m2. Modern edgy kitchen with s/s bench top & large breakfast bar. Features recycled rimu floor boards, log fire & 2 heat pumps. Media room. 2 bathrooms (u/floor heating). Triple garaging.

**For Sale**  
by negotiation  
**View**  
by appointment

**Margaret Feiss**  
021 751 009

**rwashburton.co.nz/AHB22906**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



RayWhite

122 Barkers Road, **Methven**

5 3 2

2 hectares of land bordering Methven's town boundary. Five bedroom plus office home. Open plan kitchen & large sunny living spaces with log fire, double glazed & underfloor heating. Two ensuites & family bathroom. Double garaging.

**For Sale**  
by negotiation  
**View**  
by appointment

**Margaret Feiss**  
021 751 009

**rwashburton.co.nz/AHB22908**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



RayWhite

265 Mt Hutt Station Road, **Methven**

4 2 2

Delightful lifestyle block 3km to north of Methven on 5,5442 hectares. Four bedrooms, open plan modern kitchen/living & lounge. Diesel heater, 2 bathrooms, 3 toilets, attached double garage. Large shed/workshop. Cattle yards & ramp.

**For Sale**  
by negotiation  
**View**  
by appointment

**Margaret Feiss**  
021 751 009

**rwashburton.co.nz/AHB22901**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



RayWhite

149 Forest Drive, **Methven**

5 3 3

- Equestrian Property 1.8183ha (approx 4 acres)
- 5 bedrooms, 3 bathrooms, 3 living areas
- Arena, stables, paddocks, large workshop, many sheds
- First time this much loved property is offered to the market

**For Sale**  
\$1,350,000  
**View**  
by appointment only

**Margaret Feiss**  
021 751 009

**rwashburton.co.nz/AHB22683**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



RayWhite

Lots 2 & 3 149 Forest Drive, **Methven**

- Two 4000m2 plus sections
- Located down a private driveway
- Town water, power, fibre & fully fenced
- These sections combine pristine views, privacy & tranquility

**For Sale**  
'Ranelagh'  
2 Boutique Lifestyle Sections  
(SOLD lot 4)  
**View**  
by appointment only

**Margaret Feiss**  
021 751 009

**rwashburton.co.nz/AHB22536**

Real Estate Mid Canterbury Property Ltd Licensed (REAA 2008)



**Principal: Kim Miller**  
027 236 8627



**Margaret Feiss**  
021 751 009



**Shirley Fitzgerald**  
0272 201 528



**Robyn Lilley**  
03 303 3032

36 McMillan Street, Methven 03 303 3032

**rwashburton.co.nz**