

SNOWFED

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METHVEN'S COMMUNITY NEWSPAPER - Operated by Mount Hutt College

Thursday 29 November 2018 ISSUE 46



Olie Wins National Business Awards!

Pictured from Left: Suzanne McNamara of Cadence Communications (sponsor), Olie Body, with Wā Collective team members Janine Peters and Jess Kwok

Olie Body's social enterprise, Wā Collective, has taken out two categories in the NZ Sustainable Business Network Awards and is runner up to the Supreme award.

The awards, which are in their 16th year, saw a record number of 265 quality entries with 97 finalists across eleven categories. "Each year the awards see winners who are revolutionising the business landscape", says Garry Taylor, Executive General Manager of NZI which is the Principal Partner of the Sustainable Business Network Awards. "A sustainable business takes into account environmental, social and economic factors to create a business model that endures the test of time. This year's winners tick all of those boxes."

SBN introduced a new award category this year - Millennial on a Mission. The winner of this category is Olie Body, whose engaging organisation Wā Collective also won the Communicating for Change category and was a finalist for the Supreme Award.

Olie is passionate about ending period poverty, period waste and the period taboo.

She does this by changing the way we talk about and relate to menstruation. She founded the social enterprise Wā Collective in 2017 after discovering that one third of NZ students have skipped class due to a lack of access to menstrual products.

Wā Collective uses humour coupled with an open and frank approach to bridge barriers and educate about the benefits of switching to a reusable Wā menstrual cup, instead of using disposable tampons and pads. NZ sends 357 million disposable menstrual products to landfill each year and they can take up to 500 years to decompose.

Each Wā Cup lasts for 10 years, saving around 2500 disposables from reaching the landfill. For every cup sold Wā Collective subsidises one gold standard Wā Cup for someone in need.

"To be standing here in celebration of periods tonight is bloody phenomenal," she told the awards ceremony in true Wā style.

The team is sustainable in all aspects of the business, from their ethically crafted cup to

compostable packaging and second-hand postage material. Through founding and running Wā Collective, 670,000 disposable menstrual products have been prevented from entering our landfills this year alone. In the process menstruators have saved \$240,000 that they would otherwise be collectively spending on disposables each year.

Winners of the Sustainable Business Network's Supreme Award - the NZI

Transforming New Zealand Award is The City Rail Link (CRL).

Runners up are Wā Collective and Ethique.



It's all about community...

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DIARY

WEEKLY

MONDAY

Housie at Methven House 1.30pm.
All members of the community welcome.

TUESDAY

Music Movement 10am at the Presbyterian Church foyer. Please bring a drink and snack for your child. Fruit for morning tea kindly donated by Methven Supervalu. Morning at 10.30am.

Methven Toy Library 10.30-11.30am.
All held at Presbyterian Church

WEDNESDAY

Busy Bees 9am - 11am Elim Church

2ND AND 4TH FRIDAY EACH MONTH

Plunket Coffee and Chat 10am-12pm
Plunket Rooms, Main Street

SATURDAY

Methven Toy Library Presbyterian Church
9.30am -11.30am
AA Meetings 6pm Methven Primary School

MT HUTT MEMORIAL HALL ART GALLERY:
Cash and Carry Exhibition running until February 2019.

UPCOMING

DECEMBER

- 1: Aids Foundation Red Ribbon Day
- 6: Methven Night Market, Mt Hutt Memorial Hall
- 7: Kids Christmas Market outside the Blue Pub
- 8: Ashburton Mitre 10 Mega Christmas in the Park
- 9: Shuttle Day Mount Hutt Park
- 23: Methven Christmas Parade and Party

2019

- 5-10 January:** Methven Summer School
20 January: 679 Cross Country
2 March: Mt Hutt Open Day - Enduro
9 March: Diggler Downhill

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AGM

At the Club House
Tuesday 4 December, 7pm

Agenda includes:

- President's Report
- Reviewed Financial Report for 12months ended 30 June 2018
- Subscriptions 2019
- Appointment of Reviewer
- Election of Officers



Methven Squash Club



AGM

Monday 10th December, 7.30pm
Methven Squash Club

Methven Scouts

AGM



Sunday 2nd December, 7:30 pm
Methven Scout Den
Bank Street

Methven Rugby Football Club

122nd AGM

Wednesday 12 December
7.30pm
At the Clubrooms

All new members most welcome to attend.
Anyone wanting to come on the committee please contact John Fulton 027 489 4504.



Thank You from

Methven Ladies Golf

We wish to sincerely thank the following Sponsors for their generosity during the 2018 season.

Arabica, Methven Four Square, Methven Pharmacy, Cinema Paradiso, Methven Supervalu, Methven Travel, Aqua Japanese Restaurant And Mt Hutt Lodge.

It has been all very much appreciated.

Jenny Senior

Club Captain



Methven Friendship Club Christmas Lunch

The Crossroads

Thursday 13th December 12pm

Bring parcels for Raffle and Santa Sack
Names by Wednesday 5th December to:

Julie Middleton 302 8375

Bernie McCloy 302 8458

Snowfed contact details:

Ph. 3028 437 ext 3
www.snowfed.co.nz
letterbox@snowfed.co.nz
Methven Community Website
www.methvenmthutt.co.nz



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methven night market

Thursday December 6, 2018
5 - 9pm
Mt Hutt Memorial Hall

free admission
cash bar
market sites & food vendors





An Evening of Christmas Shopping



by Julie Clements

Methven stores will be open for late night shopping on 6th December, in support of the kidzmethven fundraiser, The Methven Night Market.

The market is being held in the Mt Hutt Memorial Hall, between 5pm and 9pm with the following stores staying open until 8pm.

Smith Gallery/Jewellery/Gifts

Alpine Florist & Gifts

Undercoat Gallery

Methven Hammer Hardware

Clothe

Studio 85

Alpine Sport

Kidzmethven are raising money for for a new skate park in Methven after their previous one was damaged in the earthquakes. There are stalls, plus food and drink; small local business operators supporting the event with their products. It's all your Christmas shopping needs in one town, on one night!

Karen Smith Gallery, Gifts & Jewellery

Karen Smith is a well known, successful artist here in Mid Canterbury, and she has recently introduced unique gifts, skincare and jewellery to her art gallery on McMillan Street. Christmas presents are a cinch to find for all the family, even the blokes in your life.

Layby's are available but if you have your eye on something in store, get in before it is gone, as new stock will be arriving after Christmas.

Alpine Florist & Gifts

Dale Tapp has been our local florist for over 10 years now. Her store on McMillan Street offers a wide range of services and products, including: Floristry, Balloons, Gift Baskets, Cards, Gifts for all occasions and Ornamental pot plants. It is well stocked with a gorgeous range of gifts including candles, vases, Christmas decorations, baby items, handmade soaps and ornaments.

www.alpineflorist.co.nz

Undercoat Gallery

Vashti Johnstone is a local award winning Artist. UnDeRcOaT Gallery is a vibrant open working space where she creates and displays her work, whilst also offering space for Makers and Artists to join her.

- Kimaren Galbrath a talented seamstress is currently working and trading from the Gallery.

- Micheal Armstrong has some stunning pieces on display and for sale.

- Adele Stewart has a range beautiful hand crafted jewellery

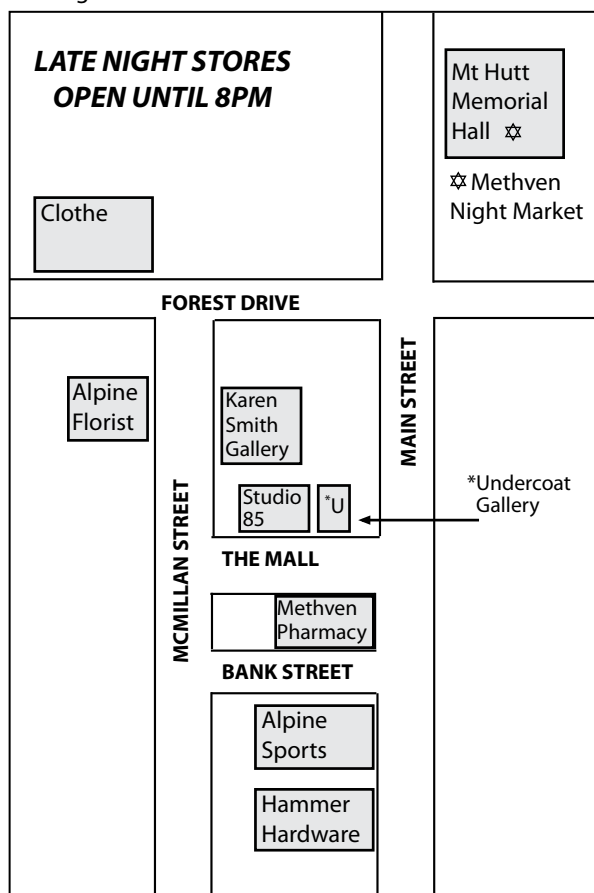
- Award winning, Wa cups (women's menstrual cups) are for sale

- Pounamu from Hokitika lovingly found & polished by Duane

- Gorgeous hand crafted industrial furniture by Wade.

Clothe

New Zealand and international Designer fashion, accessories, gifts and homewares.



Hammer Hardware

'It's your local' no truer saying than for this business. Dave and Debbie run a well stocked hardware and DIY store, which also offers a vast range of practical, sporting, toys & games and homeware products. The team is always happy to help find what you need and with Christmas just around the corner, their selection of decorations and gifts is a treat to behold. Find them on Main Street; you can't miss Hammer Hardware, they have specials and spot prizes running for the event.

Studio 85

Bex Quinn is opening the retail section of her Hairdressing Salon, in The Mall. She will have hair care products and accessories such as:

Evo Buddies, Fabuloso (personalised toners made for you), Wet Brushes, Olaplex (insurance for your hair) and Cloud Nine straighteners.

Alpine Sport

Alpine Sports! The place to go to gear up for all your outdoor adventures!

Garmin, cooking, gas, clothing, kayaks, tubes, waterskis and accessories! The Alpine Sports team have it all plus the knowledge to help you make the perfect choice!

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Knee Pain

Patellofemoral pain is a common problem-pain around or behind the knee cap during squatting, prolonged sitting or walking up or down hills or stairs.

It presents in a third of teenagers, adults and cyclists. The onset can be second to an injury to the lower limb, a growth spurt, increased training or even non-specific. Research has showed the most successful way to improve symptoms and function is to do specific exercises for muscles around the hip and knee. They are not altogether straightforward so if you have tried this approach and it has not worked you may need further supervision and support.

Taping of the knee cap can be beneficial. Changing the tracking of the knee can reduce pain and make it easier to recruit the quads muscle which supports the knee cap. Clients can learn to tape their own knee and use it during provocative activity to make it easier to hill walk or cycle. There are brace options for those with sensitive skin - generally I find clients find them less comfortable than tape. Foot beds can help in the short term. These should be prescribed by a qualified person who assesses your foot, alignment and gait. Gradually 'wearing them in' is important to prevent associated problems.

Research has yet to prove the benefits of acupuncture, myofascial release or massage in reducing patella-femoral pain. Clinically I believe these can enhance the quality of muscle recruitment during exercise therapy so perhaps we will see papers confirming their benefits in the future in conjunction with what we already know. Other 'grey' areas are the value of gait retraining or the more recent area of blood flow restriction training.

If you have pain around the knee - don't assume you have to live with it! No matter what the cause there are multiple studies demonstrating the positive effects of appropriate, specific exercise supervised by professionals.

Give us a ring at Contact Physiotherapy at the Medical Centre 302 8205.

Reference: 2018 Consensus statement on exercise therapy and physical interventions (orthoses, taping and manual therapy) to treat patellofemoral pain: recommendations from the 5th International Patellofemoral Pain Research Retreat, Gold Coast, Australia, 2017 Collins et al



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Teachers' Only Day



Last Thursday, a Teachers Only Day was had by the nine schools in the Opuke Kāhui Ako / Community of Learning, (Chertsey, Dorie, Rakaia, Lauriston, Our Lady of the Snows, Mt Hutt College, Methven Primary, Mayfield and Mt Somers/Springburn).

Staff from these schools travelled down to Arowhenua Marae by bus, to engage with our local Runanga from Ngāi Tahu. The day was broken into three parts. On arrival at the Marae, we were officially welcomed through a Powhiri. A Kaikaranga (caller) from Arowhenua began the

process with Rana Richards, from Mount Hutt College, responding as the Kaikaranga from manuhiri (Opuke Kāhui Ako as the visitors). Chris Murphy (Lead for the Opuke Kāhui Ako) spoke on our behalf, with morning tea to follow.

After this official welcome, staff were mesmerised and many challenged, by the strong message from key note speaker, Dr Hana O'Regan. Dr Hana O'Regan (Kāi Tahu, Kāti Māmoe, Waitaha) is the General Manager of Oranga / Wellbeing for Te Rūnanga o Ngāi Tahu. She began her session with asking us to reflect on the common, known characteristics or emblems of the New Zealand / Kiwi identity. When people think and talk about 'kiwis' what do they think/say? We then did the same with identifying known characteristics of Maori identity. This task on its own illustrated the difference in perception we have of different cultures within our community. I think that every single person who listened to Hana, was challenged in some way with how we can promote these cultures and celebrate their success stories. We are hoping to bring Hana to Methven next year to do a session in the evening for members of the community.

The kai that was provided was sensational. This was followed by our third session which involved a choice of different workshops: tikanga (beliefs, Te Reo); weaving (poi making); Eeling and information on Environment Canterbury, highlighting the projects that Arowhenua are involved in.

The day was a great success and we hope to continue to strengthen our connections with Arowhenua in the coming years. A special thanks to Heni Raroa for her guidance and support with our day.



Christmas & New Year Break

WE ARE CLOSED
20TH December - 14TH January

Deadline for advertising bookings:
Noon, Friday 11th January

A huge thank you to all our advertisers, contributors and readers
for your continued support

Merry Christmas





New Listing/Open Home

18 Spaxton Street, **Methven**

3 2 2

Built for the sun. Tucked away on a large 1153m2 section. Spacious open plan kitchen/dining & living heated by a log burner & heat pump. Three bedrooms (master ensuite & WIR). Separate laundry. Internal double garage. This house is a hidden gem.

For Sale
\$449,000

View
Saturday
11:30 - 12:00pm

Margaret Feiss
021 751 009

rwashburton.co.nz/AHB22247

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



Open Home

6 Cushmor Drive, **Methven**

3 2 2

Desirable neighbourhood. Three bedrooms. Quiet street. Two bathrooms. Double garage.

For Sale
\$470,000 (REDUCED)

View
Saturday
10:30 - 11:00am

Shirley Fitzgerald
0272 201 528

rwashburton.co.nz/AHB21943

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



Open Home

23 Colcord Place, **Methven**

3 1 2

3 spacious bedrooms. Bathroom plus 2nd toilet. Large lounge that captures afternoon sun. Detached double garage. This home is in need of some painting and decoration so you can make it your own.

For Sale
\$357,000 (REDUCED)

View
Saturday
11:30 - 12:00pm

Shirley Fitzgerald
0272 201 528

rwashburton.co.nz/AHB22090

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



Open Home

3 Alford Forest Settlement Road, **Alford Forest**

3 1 1

A little bit country. Everything looks better in red. Three bedrooms. Open plan living. Single garage. Situated on State Highway 72, 15 minutes from Methven Township.

For Sale
\$325,000 (REDUCED)

View
Saturday
12:30 - 1:00pm

Shirley Fitzgerald
0272 201 528

rwashburton.co.nz/AHB22170

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



22 Spaxton Street, **Methven**

Hidden Gem, a 4292m2 Residential Section which can be subdivided. Mountain views. Located down private driveway. Could be an ideal long term investment.

For Sale
\$445,000

View
by appointment

Margaret Feiss
021 751 009

rwashburton.co.nz/AHB22203

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



Thymestream, Mt Harding Road, **Methven**

- 16 prime 4,000+m2 rural residential lots
- Water, power and fibre to boundaries
- All lots fenced with sealed vehicle crossings
- Community walkway along stream edge & farmland

For Sale
1st release lots 1, 14, 15, 16 NOW SOLD
2nd release lots (2, 3 & 4 NOW SOLD) 5, 11, 12, 13
3rd release lots 6, 7, 8, 9, 10

Margaret Feiss
021 751 009

rwashburton.co.nz/AHB22028

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



13/43 Barkers Road, **Methven**

3 2 2

Location, location, location. Ideal for a skiing family with a 90 stay available. 3 bedrooms, fully self contained (sep lockable studio unit). Management will rent out to provide and income.

For Sale
\$145,000 + GST (if any)

View
by appointment

Margaret Feiss
021 751 009

rwashburton.co.nz/AHB21995

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



0 Barkers Road, **Methven**

Camrose Estate Stage 1 and now Stage 2 selling. Sections ranging in size from 573m2 to 1745m2. Situated on the north side of Methven. Stage 1 and 2 have titles available and ready to be built on.

For Sale
Price On Application

View
by appointment

Margaret Feiss
021 751 009

Shirley Fitzgerald
0272 201 528

rwashburton.co.nz/AHB21428

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



3/11 Chapman Street, **Methven**

3 2 1

Terrific Townhouse. 3 bedrooms, 2 bathrooms. O/plan living with balcony, new carpet, new dishwasher, new heat pump. Excellent storage, ski drying room, carport. Offers closing 2 pm 12th November 2018 (unless sold prior)

Set Date Of Sale
\$339,000

View
by appointment

Margaret Feiss
021 751 009

rwashburton.co.nz/AHB22184

Mid Canterbury Real Estate Limited Licensed (REAA 2008)



Principal: Jill Quaid
0274 376 755



Margaret Feiss
021 751 009



Shirley Fitzgerald
0272 201 528



Robyn Lilley
03 303 3032

36 McMillan Street, Methven 03 303 3032

rwashburton.co.nz

INTERNATIONAL DEPARTMENT



Our international students have been enjoying an alternative programme since the beginning of the NCEA examinations.

They have spent time in and out of school. We have been treated to wonderful smells coming from the kitchen as the girls bake! Philip and Irene Duff took them all to the Show - thank you very much - was an awesome day for the girls. A climb up "Edoras" was good exercise and the scenery pretty spectacular. More to come is a Christmas shopping day in Christchurch and the opportunity to join in with the Year 10 camp and a trip to Akaroa before the girls finish up on 30th November. They are also making a static display to present to our Year 7 - Year 10 students where they can share their culture.

Ms Caron Chandler

International Assistant

DECEMBER GIG GUIDE

Dec 1	The Little Big Men Band
Dec 2	Quiz Night 7-9pm
Dec 8	DJ Powerhouse
Dec 15	Smoke & Mirrors Band
Dec 22	DJ Powerhouse



Dec 29 & Dec 31 New Year's Eve
The Uncovered Band Dble Header
(Methven Monster Mash)

@ clubbluepub

ALL MUSIC STARTS 9:30PM - 1:30AM

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YOUR SEARCH ENDS HERE

Beautifully renovated and refurbished, this charming home is now available for you to enjoy. The modern kitchen opens to the dining area and then flows through into a large living room. The pellet fire and two heat pumps will keep you comfortable year round!

Your indoor / outdoor flow is well catered for with French doors leading onto the patio area and then to a beautiful private garden. Plenty of room for children to play safely and for you to grow your own fresh vegetables. Three good double bedrooms and a large family bathroom and separate toilet make living here easy. Well presented family homes in this area are sought after - don't hesitate, call us now to view.

Enquiries Over \$439,000

33 Miller Avenue, Ashburton

METHVEN



VENDORS WANT ACTION

Lovingly cared for and maintained by our current owner for a number of years, this home is ready for a new chapter. This three bedroom home has good bones and with the recent kitchen and bathroom renovations you can move straight in and enjoy just as it is. Upon entering you will appreciate modern kitchen and open plan living area where natural light pours in while you enjoy the stunning rural aspect. This area flows out via french doors onto a sunny deck. This is a fabulous area for your summer entertaining, capitalising on the private and sunny 588 sqm sized section. Off the hallway are three bedrooms which are complemented by the family bathroom. In addition there is a log burner and heat pump for comfort all year round and separate single garage. **Price Guide Early \$400,000s**

Deadline Sale closing 28 November 2.00pm (unless sold prior) 51 Racecourse Avenue

METHVEN



BEST OF BOTH WORLDS

This stunning timeless character Villa reflects past glory and elegance with the modern comforts of a warm family home. Crafted from quality materials, this 203 sqm property has enduring features such as large bay and sash windows, ornamental fireplaces and traditional wooden floors. The modern country-style kitchen flows effortlessly to the open plan dining and living area. The wide light-filled hallway leads to the five bedrooms, two bathrooms and the formal living area. Easy indoor-outdoor flow is perfect for relaxing, dining or entertaining while you enjoy the peaceful and private grounds that have been thoughtfully planted and landscaped. **Price Guide-Mid \$600,000s**

46 South Belt

METHVEN



CLASSIC CHARACTER CALLING FOR NEW OWNERS

This beautiful two storey character home originally built in the 1930's sits on a private 2,023 sq m section with an established garden. The open plan kitchen and living area has been designed with family and entertaining in mind with generous areas that capture beautiful morning sun. A fantastic sunroom flows from the lounge area offering extra living. This part of the home was redesigned in the mid 1990's by Warren and Mahoney. The three double bedrooms downstairs are serviced by the family sized bathroom and separate toilet. Upstairs is the master suite with walk in robe and ensuite. There is also a private balcony that captures that mountain views and plenty of sunshine. **Price guide mid \$600,000's**

37 Dolma Street

METHVEN



VENDOR WANTS ACTION

Appealing three bedroom sunny home with fantastic mountain views is waiting for a new family to call it home. Will it be yours? Open plan kitchen & dining with large living area. The living area/lounge has lovely large windows which let plenty of sun in. The bathroom boasts both a bath and separate shower. There is a double internal access garage plus off street parking, and the gardens and lawn have been lovingly cared for.

\$399,000

87 Forest Drive

METHVEN



FAMILY FRIENDLY LIVING

Built just over a year and a half ago, this much loved four bedroom home located in Camrose Estate was built with family in mind. The spacious open plan living/dining area boasts a cosy log fire plus heatpump & the generous kitchen offers a great space to create while watching over the family. Sliders from the living lead you to the sheltered patio with great sun sail for summer entertaining. **\$629,000**

1 Camrose Avenue

METHVEN



CENTRAL TOWNHOUSE

This fantastic three double bedroom townhouse is located in the heart of Methven. In addition this home offers a large sunny deck, single internal access garage, an ensuite, separate laundry, under floor heating in the tiles and so much more. Set on an easy care section, this home would be an ideal first home, investment or holiday home. **\$359,000**

11b Mackie Street

BARRHILL



RURAL SETTING - BUILD AT BARRHILL VILLAGE

Have the best of both worlds, live in a small community and live in a rural setting. This corner section is 1745m2 with established trees and the streets lined with beautiful trees. On the Barrhill water scheme, so already to the boundary. There is something special about Barrhill, take a drive a see the charm for yourself. Building subject to council approval. **\$140,000 1 Poplar Avenue, Barrhill**

BARRHILL



1/2 ACRE IN THE COUNTRY

Barrhill Village is in the heart of the Mid Canterbury plains. Come and build your country home in this lovely small rural village. This section is 2023m2 with established trees, Oak Avenue boast beautiful trees and countryside views. On the Barrhill water scheme and is currently to the boundary for easy access. Building subject to Ashburton Council approval. **\$160,000**

10 Oak Avenue, Barrhill

METHVEN - Alford Forest



LIFESTYLE IN ALFORD FOREST ON 6.6 ACRES

Looking for a lifestyle block with income then look no further - 6.67 acres with 2 permitted houses. Live in one and rent out the other or do you need space for the extended family? Approximately 290 sqm across the 2 houses, plus woodshed and storage shed. The land is divided into 3 paddocks. Permitted septic tank system, 2 x large water storage tanks. **\$655,000**

4929 Arundel Rakaia Gorge Road



SOLD



SOLD



Maree Firth
Principal/
Property
Consultant
027 5421 364



Rosa Harper
Property
Consultant
027 465 5387



Amanda Pannett
Office
Administrator
03 303 3093





Adventure of a Lifetime!



During 29 October - 3 November, ten fortunate Year 10 boys took part in the adventure of a life time. We represented the college and were competing for the "Spirit Trophy" on board the Spirit of New Zealand sailing boat.

This is a competition between four different schools and Mount Hutt College was the sole South Island school. We competed against schools from Hamilton, Wellington and Auckland.

Our voyage began with a smooth flight from Christchurch to Auckland and after exploring Auckland CBD we found our vessel. The ship was majestic and it was something we hadn't come across before. The Spirit of New Zealand is a steel-hulled, three-masted barquentine which is over 40m long! It was purpose-built by the Spirit of Adventure Trust in 1986 for youth development and has had many successful adventures.

During our five days aboard the ship; we were based in the Hauraki Gulf and sailed around Onetangi Bay, Ponui Island & Motuihe Island. During the trip, we completed a range of activities, both on board, in the water and ashore.

Our days started with a 6.30am swim, followed by cleaning different parts of the boat or helping prep for meals. We then took part in a range of activities including sailing, tramping, quizzes, team bonding activities and a range of games.

During the trip we got to interact with students from many different facets of life and the other schools were fascinated with our ways of rural living. You should have seen their faces when we told them we didn't know what Wifi was!!

The trip was a great experience and something we will remember for a long time. We learned a lot about ourselves as both individuals and as a team and it was a lot of fun along the way. One of the things we made great progress in was our ability to interact with people we hadn't met before and made some great new friendships because of it. This is largely due to the amount of questions we asked and this is something we will certainly remember.

Though we finished runner up in the competition; the trip was about much more than the competition and we were proud of ourselves with what we achieved.

Mount Hutt College has been fortunate enough to get a position on the boat for September 2019 for five male and five female current Year 9 students. Expressions of Interest for this will be occurring shortly. We highly recommend you put your names down and sign up. Finally, this trip wouldn't have been possible without the support of our Parents, Mount Hutt College and members of the community who sponsored us and offered us work. We would particularly like to thank Cinema Paradiso, Methven Lions Club & Montyfields farm for their generous support.

Regards,

Alex Barnaby, Sam Cuttle, Reilly Duff, Connor Hall, William Jacobs, Thomas Luff, Jack Miers, Eddie Millichamp, Alex Roderick, Adam Shears & Mr Coutts



BAYLEYS

NEW LISTING



Methven 37 Pudding Hill Road

Lifestyle and development opportunity

6ha bareland or if a 2ha lot suits you better, zoned residential D so options are available. Build your dream home, have a few animals or land bank for the future. Located right over the fence from the golf club.

bayleys.co.nz/558920

Deadline Sale (unless sold prior)

2pm, Wed 19 Dec 2018
201 West St, Ashburton

View by appointment

Fee Ensor 021 705 014

fee.ensor@bayleys.co.nz

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Lauriston School Principal addressing Jo's farewell gathering



Amy Honeywell and Emma Maw (Lauriston School Support Team) presenting Jo Smith with her farewell gift

the brown pub

your **true** country pub

Little Big Men Duo this Friday Night!
Live & free in The Main Bar from 9:30pm

CRATE DAY - SATURDAY DECEMBER 1

LIQUOR CENTRE @ THE BROWN PUB

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NATIONAL CRATE DAY COMMANDMENTS:

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Rural

Lauriston Community says goodbye to Jo

by Annie Jacobs



Pioneers of team-teaching;
Di Prendergast, Jo Smith, Wendy Atkinson



Board of Trustees member Hamish Irwin with Jo Smith

Nestled comfortably on the fertile Canterbury Plains is the warm community hub that is Lauriston School. Many of the foothills youngsters receive their primary education and ongoing life skills here. There is an amazing staff at the school, and this week a surprise morning tea was held to farewell teacher, Jo Smith who has taught at the school since 2003.

Jo started relieving and teaching Reading Recovery, and then when her youngest turned five, went on to full-time teaching, using the school house, (this was in the days when small rural schools were being closed, but Lauriston was growing and had run out of space!). Lauriston

...a fantastic leader, is someone really special who's touched a lot of hearts, and you're going on to do some exceptional work in a special way...

School is well known for thinking outside of the square, and Jo is one of the teacher's who grows and nurtures this kind of proactive thinking.

Jo, along with Wendy Atkinson, were the fore-runners who started team teaching way back in 2010 - long before it was fashionable. Libby Chambers, when a beginning teacher, was mentored by Jo. She describes how impacting

it was to meet this wonderful lady who had a strong professional ethic mixed with a fun side, dedication, and great friendship. Parents Emma Maw and Amy Honeywell commented that "you get to know our children so well, and all of their little tricks. You go above and beyond."

At Lauriston School, students are still allowed to climb trees, go barefoot, and play bull rush, and this is largely due to the quality of the teaching staff here.

In her speech addressing community members, school Parents, and staff, Jo mentioned that, "Lauriston School is a special, special place - you may not realise what a very special place this is. It's been a pleasure to be here and work with your children, work with you, and work with the staff. It's incredibly hard to move on, but we all have to take that leap. My boys have all been through Lauriston School, and it continues to be their favourite place. Here, you are free to learn, free to explore, and free to experiment. Not every place offers the freedom to explore that is here. I will miss this place hugely - a big hole."

Di Prendergast, a past Principal, said that, "in this job; we do it because we want to make a significant difference, and you've done that. It'll be a huge loss for the community."

Current Principal Colin Brodie said Jo is, "a fantastic leader, is someone really special who's touched a lot of hearts, and you're going on to do some exceptional work in a special way."

We will miss you Jo, and wish you well as the Deputy Principal at Seddon School.

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Hints for Coping with Christmas



Holidays and special days such as Christmas are not always easy for those who have suffered the loss of a loved one.

For some people, times like this are likely to trigger strong thoughts, feelings and memories that may be difficult to handle. Not everyone feels like joining in and getting into the spirit of things. With the flood of advertising and cheery

greetings, people can begin to feel quite isolated and lonely.

Here are some tips for those wanting to manage times such as Christmas, birthdays and family reunions.

Decide ahead of time:

- What do you want and need from the day? Do you want to keep up traditions or try something new?
- Keep plans simple—ambitious plans can make everything harder.
- Think about who you could talk to about the day or event.

• Think about who you would like to have with you.

• Communicate your plans: Let others know what you'll be doing to help avoid misunderstandings or confusion.

During the event:

• Remember in your own way: You might want to choose to mark your loss in a personal way, for example, visit a special place, plant a tree, play special music or make a holiday toast. This can be done on your own, or with others – whatever suits you best.

• Remind yourself that grief is often unpredictable. Be patient with yourself and with others who may also be grieving.

• Look after yourself: Eat sensibly, drink water, get some exercise and get enough sleep and rest.



- adapted from The Many Colours of Grief Book 2 by Ewart and Hendry

Hospice Mid Canterbury wishes you all the very best for the festive season.

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Summer Events Powered by Volunteers

I've written in these pages before about the remarkable contribution that volunteers make, how so many of the tremendous things that happen in our community wouldn't happen without people willing to freely give up their time.

It is an unfortunate reality that it is getting harder to find those people. To organise the events, to run them, and in this health and safety conscious world, to be liable for them. In many cases, community groups across the country are struggling to keep going. RSAs are shutting their doors, social clubs are closing down, and volunteer groups are becoming more reliant on a dwindling group of individuals.

Methven is fortunate, as is the wider Mid Canterbury area to have much more of a community spirit than other larger centres. Places that are more anonymous and perhaps less interested in helping their neighbours. We see it every year in events like the Rodeo, the Methven High Country Fete, and the A&P Show.

None of this happens without wider community support, the many volunteers, the businesses who donate goods and services for raffles, the schools and groups who run the sausage sizzles and the chocolate wheels. So many of the great events in our region rely on that support, and the coming summer is no exception.

While many of you will be taking the opportunity to head out of town for a well-deserved break, there's so much happening here in Mid Canterbury. Christmas events kick off with the Ashburton Santa Parade from midday on 1 December, closely followed the next Saturday by Christmas in the Park from 7.00pm. The Council are hosting a family

movie and fun night on 14 December from 6.00pm, and then a Busker night at 6.30pm on 21 December, both in Baring Square.

A little bit further afield, Timaru's annual Caroline Bay Carnival will kick off on Boxing Day and go right through until 13 January with free daily concerts and fairground rides.

Other than events, there's heaps to do to keep the kids or grandkids busy, even if the wet weather continues. The Plains Railway and Museum in Tinwald will be open and running their vintage locomotives on 9 December, 6 January, and 13 January. The Ashburton Aviation Museum are open most days between 1.00pm and 3.00pm, with a mix of historic aircraft like the Tiger Moth and DC3, right through to recent jets like their

Skyhawk and a Harrier.

Volunteers are crucial to the running of both operations, another great example of what can be achieved by a small and dedicated group of people in the community.

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GROW YOUR OWN

Mary Ralston

Rain, rain, rain.... the weather has really turned to custard. It's too wet to plant and too wet to weed. Best to ignore the vegie garden while the soil is so wet; even walking on bare ground is not a good idea because it damages soil structure.

The only jobs I plan to do are cover my gooseberry bush with bird netting, and pick strawberries and broad beans. In this weather, raised beds prove their worth. Being higher than the surrounding area, they drain better and warm up more quickly. Raised beds are not necessarily no-dig gardens, but can be done this way, or can be made simply by building an edge or frame to contain the bed, and filling it with soil and compost. A proper no-dig garden is a bit different. A no-dig garden can be built on top of any flat surface or lawn. First, build a border to keep everything in. Make sure there are no perennial weeds

like dock or twitch. If there are annual weeds like chickweed there's no need to pull them out, just start by putting down a thick layer of overlapping newspaper or cardboard on top of them. Water this well then put down slabs of lucerne hay or pea straw. Water, then add a layer of manure, or blood and bone. This will provide nitrogen. Add a 20cm layer of loose hay or straw, and more manure. Old manure is best – and chicken manure is the most fertile but any sort will do. Then add a layer of compost at least 10cm high. Seedlings or potatoes can be planted directly into the compost.

This type of garden takes a bit of work to make and will improve with time as the ingredients break down and provide nutrients to the plants. You may need to add more compost as the straw and hay break down and the garden "sinks."

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Kids Christmas Market

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Sue Duff from Childcare@Sue's, organises the market for all the local kids to sell their pre-loved toys, clothes, books and homemade creations for \$5 each or less*

Past markets have proved very popular and a great way to do a little Christmas shopping that won't break the bank.

It all kicks off at 6pm but keep an eye on the weather as it will be cancelled if wet.

To register please call Sue Duff at Childcare@Sues on 03 302 8456 and leave child's name and what they are selling.

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METHVEN BOWLING CLUB

Pat Mac

The Bowling Club is remembering Noel Bilby who died last weekend. He will be sadly missed. Noel was a great member of the club and served on the Executive Committee. Our deepest sympathies go out to Marjorie, and to his family.

Last week, Craig Carter, along with the two Eddington boys and Neil Owen took off to Gore. Having waited out the bad weather, they played in the NZ Bacardi Bowls event in which 28 teams entered from around the country. They came 3rd, which is a great effort.

Women's Interclub Sevens played at Rakaia, and then Allenton Greens. This was rained off, but two clubs remain in the competition being Allenton and Ashburton who will play off Monday 26 November, weather permitting.

Sub Centre Interclub Men's Nines: This is played over seven Wednesday evenings (three teams of three players playing 2 bowl triples). It is played between Ashburton 1 and 2, Methven, Allenton, Hampstead and Rakaia. On Wednesday 21st, Methven played Hampstead. There has been an individual challenge between these two clubs for a few years now. There is a cup called the Athol MacDonald (Hampstead/Methven Challenge) Cup played for whenever we play Hampstead.

It is sitting proudly in our club, having won it for the 3rd time.

Charene Trophy played at Allenton: This is a Women's Fours. We put one team in, with Wendy Carter playing in a composite team.

Winners: M Foster, R Johnson, J Harris and W Carter (well done Wendy)

Fourth: S Pagey, P McElwain, D Callaghan, W Blackwell

Saturday Interclub

Men's 2x4 Pennants vs Bowls Hornby:

Team 1: B Mayson, J Nowell, B Harper and G Turnbull had an impressive win

Team 2: R Fensom, I Syme, F Sandys, B Redmond had an outstanding win but modesty prevents me from putting the actual score up (AB style)

Under 8 Fours:

Team 1: G Blackwell, W McCarthy, Lyn Fensom, T McLean lost on the last end by 1 point.

Team 2: Bye

Canterbury Centre Pairs: This qualifying event was played on a wet Sunday 25 November at various Christchurch greens.

Simon Fleetwood and Tim White: played at

Barrington and Condel Ave. Had close games, got rained off, and had to change greens. All rather soggy in Christchurch. Unhappily they did not qualify.

Craig Carter and Trevor Kennet: playing for Hornby at Riccarton Racecourse and they qualified.

Rob Fensom and Bruce Redmond: played at Riccarton Racecourse but lost their deciding game on the last end, so failed to qualify.

How often do I talk about the last end – it is so often a decider in our game.



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Applications close 4pm, on Thursday 6th December, 2018



Mount Hutt College/Lauriston School Board of Trustees Secretary

We are seeking applications for the Mount Hutt College / Lauriston School Board of Trustees Secretary position, commencing February 2019.

This position is responsible to the Board Chairperson and Principals and entails up to 15 hours per month. Attendance at board meetings is required (alternate between Mount Hutt College and Lauriston School, approximately 6.30pm-9.30pm) with the balance of hours flexible.

Tasks include the preparation and distribution of Board papers, recording of minutes at Board and Special meetings, providing administration support to Trustees for all Board matters, and maintaining Board systems and record keeping.

Along with strong administration and communication skills, confidentiality and high ethical standards are a must.

For further information and to receive an application pack, please email botsecretary@methutt.school.nz

APPLICATIONS CLOSE FRIDAY 7 DECEMBER 2018



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